SONS of NORWAY

Nordahl's Tidende

NORDAHL GRIEG LODGE 6-52 • SAN JOSE, CA

VOLUME 71, NO. 7 | JULY 2025 | BUSINESS MEETINGS AS ANNOUNCED

En hilsen fra Nordahl Grieg Presidenten

Hello fellow lodge members,

I hope you are enjoying your summer so far! My mom, **JoAnn Estensen Bjerkhoel**, and I have enjoyed attending many eventful celebrations the last couple months that have been very fun and meaningful as well. These events were held for people that are our family members, but also are longtime members of Nordahl Grieg Lodge.

- A surprise birthday weekend for cousin **Jim Vargas'** big 80th birthday in Pismo Beach. Many family members surprised him at the pool!
- High school graduation reception for niece, **Skyla Leventon**. **Cassie and Ken Leventon** held a wonderful reception at their home for their youngest daughter.
- High school graduation weekend for **Kaylee Kramer**. **Christine and Vince Kramer** hosted seven family members in San Diego to celebrate their oldest daughter's graduation.
- Retirement of **Scott Ansok** after working 44 years at FMC. He was instrumental in providing the best possible equipment, training, and field services to our soldiers and Marines. Scott has been a Nordahl Grieg member for 49 years!

I feel very fortunate to have the opportunity to share life events with these wonderful people. I hope all of you have the same opportunity to share family and friends' life events this year.

Nordahl Grieg is hosting an ice cream social on July 20 from 2:00 to 3:30 PM at Nordahl Hall. This day is National Ice Cream Day! Here is an opportunity to spend special time with our members and guests, enjoy homemade and premium ice creams, visit with everyone, and hear about current events at Nordahl Grieg Lodge and Nordahl Hall. See page 4 for more details.

We really would love to see you there to support our Lodge, and support the members that put time, creativity, and effort into the planning and preparation of these events.

See you at the ice cream social on July 20!

Fraternally,

Sheryl Hawes, President

Remember When?

Gracie Larsen, Elderid Everly, Egil Larsen, and Virginia Hansen prepare a lodge meal in 1981.

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The mission of Sons of Norway is to provide quality insurance and financial products to our members, promote and preserve the heritage and culture of Norway, and to celebrate our relationship with other Scandinavian countries.

Sunshine Report

Sonja Flanagin contracted Covid in May and rested and recovered at home. She has had her son and then her daughter come and stay with her until she was better. Take good care of yourself, and I hope you will soon feel much better!

Barbara Shoup, Sunshine Chair

669-832-6638

Wedding Bells at Camp Norge

Congratulations to newlyweds **Laura Hulberg** and **Andre Bernal**! The happy couple tied the knot at Camp Norge last month with many friends and family members in attendance. Sister **Kristen Hunsbedt** reports that camp was in the best shape she's ever seen. All of the facilities were well-utilized for the event. Recreation Center Board President **Fred Hymans** and caretaker **Tanya Stark** were also a tremendous help in making sure the grounds were well-cared-for and everything ran smoothly. *Gratulerer!*

July Birthdays

1 Scott Ansok
1 Leslie Jones
2 Perri Nakayama
4 Helen Jorgensen
5 David Anderson
5 Bill Likens
6 Nancy Whitcomb
7 Marion Harris
7 Carl-Erik Sundberg
8 Peggy Alreck-Anthony
9 Noel Tebo
10 Marguerite Benson
10 Nora Frost
11 Laura Hulberg
15 Karin Hansen
15 Hilde Porter
15 Virginia Hansen
16 Keith Kvenvolden
16 Laura Porter
19 Patricia Erickson
21 Victoria Slama
22 Janice Stavang
23 Karen Mueller
27 Sheryl Hawes
28 Jeannie Thomson
29 Scott Mattison
29 Tor Warmdahl
30 Dale Eggen
30 Nancy Thym-Hochrein

Heritage Member

4 Xander Laycock
7 Jaylen Bratton
20 Gabriel Barnhart
21 Kai Nelms

Nordahl Grieg Lodge Meeting Dates for 2025

Mark your calendars for our upcoming lodge meetings! This will be a mix of Zoom and in-person meetings, so stay tuned for more details in upcoming *Tidende* newsletters.

- **July 20** - 2:00 PM. Ice cream social!
- **August -** no meeting
- **September 11** - 7:00 PM, on Zoom
- **October 18** - 5:00 PM. Program on John Nordstrom
- **November** - no meeting
- **December 11** - 7:00 PM, on Zoom

2025 Upcoming Events Calendar - Nordahl Grieg Lodge and Affiliates

Date	Event	Description	Location	Cost/RSVP
July 13-26	Camp Trollfjell *(ages 8-13)*	*Two-week summer camp including Norwegian lessons, folk arts, Scandinavian cooking, campfires, swimming, & hiking.*	Camp Norge 250 Canyon Mine Rd. Alta, CA	Registration open now: https://sofn6.org/arv
Sunday, July 20 2:00 PM	Ice Cream Social	*Celebrate National Ice Cream Day at our ice cream social featuring Norwegian homemade ice cream and all-time favorite American ice cream. See page 4 for more details.*	Nordahl Hall 580 W. Parr Ave, Los Gatos	– Donation: $5 – No RSVP required
Saturday, August 16 11:00 AM - 5:00 PM	Henrik Ibsen Multi-Lodge Picnic	*Bar open, picnic lunches, kids' games, swimming pool, Viking demonstrations, bingo, and horseshoes. Raffle fundraiser for Nordic treasures.*	Henrik Ibsen Park 13800 Skyline Blvd, Woodside	– Donation: $10 per person – No RSVP required
August 30-September 1	Kretsstevne	*Annual "Gathering of the Clans" at Camp Norge, including karaoke, horseshoes, hiking, swimming, and BBQ*	Camp Norge 250 Canyon Mine Rd. Alta, CA	More details coming soon to campnorge.org.
September 20-23	Camp Oldfjell	*Adult camp to learn crafts; rosemaling, folk dance, baking, painting, embroidery, new classes. Enjoy food, fun, and camaraderie.*	Camp Norge 250 Canyon Mine Rd. Alta, CA	– Reservations required. – Coming soon to campnorge.org.
Saturday, October 18 5:00 PM Social hour / 6:15 PM Dinner / 7:00 PM Program	Program about John Nordstrom: Founder of Nordstrom Department Stores	*Hear about an immigrant from a small farm in northern Sweden who came to America and in 1901 founded one of America's most iconic department store chains -Nordstrom.*	Nordahl Hall 580 W. Parr Ave, Los Gatos	Cost: TBD
Saturday, November 8	Julebutikk Holiday Boutique	*Fabulous holiday gifts and Norwegian treasures to purchase. Hosted by Daughters of Norway*	Immanuel Lutheran Church 1715 Grant Rd. Los Altos, CA	– No entrance fee – No RSVP required
Saturday, December 6 2:30 - 10:30 PM	Traditional Lutefisk and Meatball Dinner **Solveig Club Bazaar & Raffle (cash/checks only)* **Nordahl Bar (cash)*	*A tradition for 75 years! Family-style dinner all-you-can-eat fresh frozen lutefisk, meatballs, potatoes, coleslaw, lefse, coffee, and handmade Norwegian cookies. Live music entertainment 8:30 PM to 11:00 PM.*	Nordahl Hall 580 W. Parr Ave, Los Gatos	– Cost: TBD – Reservations required – Three seatings: 3:30 PM, 5:30 PM, & 7:30 PM

Nordahl Grieg Lodge Website: nordahl-grieg.org ***Nordahl Hall website: nordahlhall.com***

More Hall Improvement Is On The Way - Volunteers Needed to Finish Painting the Foyer and Women's Lounge

Wow! It's been gratifying to hear so many positive comments about the strides we're taking to improve the appearance of our Hall!

Would you like to join the camaraderie with your fellow Norskies in this effort? Then come to our **PAINTING PARTIES,** to be scheduled in August on mutually convenient days for volunteers. Come for the entire day or just a few hours. We plan to wash and paint the walls in the foyer and the women's lounge, and complete painting out the trim and doors. Lunch, snacks, and cold beverages will be provided, along with fraternal togetherness and fun.

We also want to extend a BIG "thank you" to **Kristine Estensen-Goldberg** and **Diane Zappettini** for assisting **Sheryl Hawes** with prepping and painting the foyer doors and trim in time for the Viking World Tour in May.

Additionally, we're looking for people with experience in **lighting design**, as well as **carpentry** to replace the windowsills in the Hall and remove and install new bathroom vanities. Please contact Lodge President Sheryl Hawes at ***president@nordahl-grieg.org*** if you can help. *Tusen takk!*

Celebrate National Ice Cream Day

Join us for a delightful afternoon of Scandinavian and American ice creams – Sunday, July 20

You and your guests are invited to our very special cultural event featuring Norwegian and Scandinavian ice creams, such as citron-fromage flavored ice cream, and other American favorite ice creams! Along with the homemade ice creams, there will be personal stories and sharing of favorite memories about these wonderful frozen creamy desserts.

Date: Sunday, July 20 is *National Ice Cream Day!*

Time: 2:00 PM Ice Cream Social & Program

3:00 PM Lodge Announcements

3:30 PM Adjourn

Location: Nordahl Hall, 580 West Parr Ave., Los Gatos

Cost: $5.00 per person suggested donation

Please bring your friends, children, and family—all are welcome!

GRATULERER MED DAGEN!

Happy birthday to Queen Sonja (July 4) and Crown Prince Haakon Magnus (July 20)!

Lutefisk Dinner Update

We need leaders to work together with other co-Leads so we can plan our Lutefisk & Meatball Dinner for 2025.

We are starting the planning NOW. We need you to be a co-lead to work with others on planning all aspects of the event and ensuring we serve our customers the very best. We need people who will dig into the last year's records of purchasing history, and who will engage with experienced people to uncover best practices, what worked well, and how to avoid pitfalls.

Our Lutefisk and Meatball Dinner, held the first Saturday of each December, is the only one held in the Bay Area in recent years. Our dinner is a 75-year tradition for Nordahl Grieg Lodge, and it is our biggest fundraiser. We depend on Lutefisk dinner leaders to ensure we can pull off this dinner, which serves over 550 people during three shifts, and requires more than 100 volunteers.

To find out more, contact **Sheryl Hawes** at ***president@nordahlgrieg.org***, or text 925-997-1698.

Do you struggle with Norwegian pronunciation? *Google Translate* can help with that. Not only does it translate from Norwegian to English, but it also has an audio function so you can listen to the word spoken in Norwegian.

Here are a couple of frequently mispronounced words to get you started:

Norge: NOR-geh

Fjell (e.g. Trollfjell, Oldfjell): FYELL ("j" is pronounced like "y")

Give it a try! Here's the link: ***https://translate.google.com/***

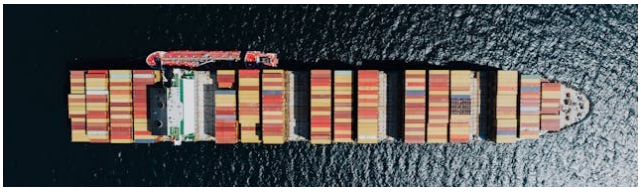
Ship Runs Aground While Neighbor Sleeps Soundly

Johan Helberg woke up to quite the lawn decoration outside of his home, which lies at the edge of a fjord outside of Trondheim, Norway. The retired museum director was alerted by a panicked neighbor to the presence of a 443-foot container ship just yards from his front door. The neighbor heard the approach of the ship at around 5:00 AM, quickly ran next door, and started ringing Johan's doorbell. Not accustomed to visitors at such an hour, Helberg ignored it. Only after a phone call did Johan step outside to see the ruckus that he had slept through. While the ship did cause damage to a cabin heating pipe, miraculously, no other harm was done to property or life.

Initial efforts to dislodge the vessel from the spot failed. However, five days later they were successful in towing the ship to a nearby harbor.

Reflecting on the whole ordeal, Helberg stated, "I doubt I'll ever experience anything quite like this again." But also, "I wouldn't have traded this experience for anything."

...from SON Newsletter Service



Love Your Lodge Donations

Platinum Level

The Solveig Club (donation, February 2024)

In loving memory of Don Slama
The Kids: Kate, Becky, Victoria, Marianne, & Craig (donation, January 2024)

In memory of Homer Stennes
June Stennes (donation, June 2023)

Gold Level

Barbara Shoup (donation, October 2024)

In memory of Bob Thomson
Jeannie Thomson (donation, October 2024)

In memory of Michael Stennes
June Stennes (donation, June 2023)

In memory of Virginia Jolly
Don Ansok (donation, May 2021)

In loving memory of Clarian Pintacura
Alan Pintacura (donations, Dec 2019, Dec 2021, and Dec 2023)

Silver Level

In memory of Joan D. Johnson
Shelley Curtis (donations, January 2023, December 2023, and January 2025)

In memory of Homer Stennes, Shirley Shoup, Anne Herbert, Kari Warner, and Don Slama
JoAnn Bjerkhoel (donation, September 2023)

In memory of Shirley Shoup
Sheryl Hawes (donation, June 2023)

In memory of Shirley Shoup
Andy Hunsbedt (donation, May 2023)

Bronze Level

In memory of Anne Herbert
Sharon Sullivan (donation, January 2024)

In memory of Anne Herbert
Alan Pintacura (donation, December 2023)

In memory of Don Slama & Kari Warner
Randi Cruze (donation, July 2023)

In memory of Shirley Shoup
Lois Bertelson (donation, March 2023)

Shirley Shoup (donation, January 2023)

Tusen Takk for your support!

Donations made prior to April 2021 are not listed.
Please view past issues of *Tidende* to see donors and honorees from earlier contributions. *Takk!*

Rent Nordahl Hall

Events, Banquets, Parties, Meetings

580 W. Parr Avenue, Los Gatos, CA

Nordahl Hall has all the amenities you need to host your next celebration, reception, business function, or community event. Make your vision for your event a reality in our spacious and well-maintained facility.

All hall rentals include:

- Use of main assembly area – 2,500 square feet
- Dining capacity – 210
- Assembly capacity – 450
- Kitchen with commercial-grade appliances
- Bar serving space with refrigerator, ice maker, sink (beer and wine only)
- Round banquet tables (6 feet diameter, seats 10 to 12) – 9
- Rectangle banquet tables (8 feet x 30", seats 8 to 10) – 35
- Padded chairs – 250
- Parking – 68 spaces
- Men's and women's restrooms
- Coat closet
- Built-in stage
- Pull-down projector screen
- Audio equipment, including microphones and auxiliary plug-in
- Wi-Fi

Optional:

- Bartender services for an extra fee - subject to availability

Contact Viking Property Management
408-915-7755 • VikingPM1@gmail.com

Visit our website at nordahlhall.com

Connections...ways to connect with your Norwegian heritage

- **Trolls have arrived at Filoli!** – Now open. This special touring exhibition features six giant folklore-inspired Troll sculptures built from reclaimed materials. The whimsical gremlins are located in Filoli's "Natural Lands" for guests to discover on their adventures through the property. The Filoli Historic House and World-Class Garden is located at 86 Cañada Road, Woodside, CA. Visit ***https://filoli.org*** more information.
- **Go Paperless** – Try the Sons of Norway new paperless option! Convenient and flexible, this option lets you find the information you need on a mobile device, tablet, or computer. Snowbird? Going paperless allows you to easily access your member account anytime, anywhere. Receive faster updates by visiting ***apps.sofn.com/service1/portal*** and updating your preferences to paperless!
- **Norwegian Folk Dancing** – We're taking a break for the summer, and will resume meeting in September on Wednesdays from 7:30 to 9:30 PM. All experience levels are welcome! Watch this space for the startup date in the fall. For more information, contact **Meg Laycock** at 408-255-2111.

Norway Bans Marketing of Unhealthy Foods to Children

As of April 25, 2025, a new regulation went into effect in Norway. This regulation implemented by the Norwegian government prohibits the marketing of food and drink considered unhealthy directly aimed at children.

The goal of the regulation is to protect children up to the age of 18, and, while it will still be legal for children to purchase such products, the marketing of those products will be illegal.

Unhealthier products such as energy drinks, ice cream, and candy are part of the ban, but there are other products where the nutritional content will dictate if it's banned for marketing or not, for example, different kinds of cereal.

Minister of Health and Care Services Jan Christian Vestre said, "We are committed to ensure good health for children and youth and that it should be easy to make good choices in everyday life. The government is implementing this measure because we are committed to protect our children and their health."

Although the regulation went into effect in April, the industry will receive six months to adapt to it.

...from SON Newsletter Service

Nordahl Hall - Love Your Lodge

Support the Nordahl Hall Capital Fund

Help us repair and upgrade Nordahl Hall.
All donations will be used for improvement projects.

Your donation* - *at any of the following support levels* - will be listed in the *Tidende* each month. Donations may be designated as "In Memory of..." or "In Honor of..."
Donations can be made at any time.

Love Your Lodge Support Levels

Platinum	**$1,000**	**Silver**	**$250**
Gold	**$500**	**Bronze**	**$100**

Please make checks payable to: *Nordahl Grieg Lodge.*
Write *"Hall Capital Fund"* on the memo line.

Then mail to:
Jim Sturtevant, Treasurer
1078 Ticonderoga Dr.
Sunnyvale, CA 94087

For more info, ask a Hall Board member, or contact **Dave Melius** at (408) 244-4497 or ***dmelius@hotmail.com***

* Donations are not tax deductible. Please consult your tax professional.

NEED INFORMATION?

Visit our website

nordahl-grieg.org

Newsletters, upcoming events, scholarships, join/renew membership, and much more!

Nordahl's Tidende
Nordahl Grieg Lodge 6-52
580 West Parr Avenue, Los Gatos, CA 95032

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SONS of NORWAY

Nordahl Grieg
1902 – 1943
Norwegian Poet,
Novelist, Patriot

Nordahl's Tidende is published on the 1st of each month.
Deadline to submit information for the next issue is the 15th of each month.
Please send all submissions via email to *editor@nordahl-grieg.org*.
Advertise in the *Tidende* – information and rates are available at *www.nordahl-grieg.org*.
Business meetings are generally held on the 3rd Thursday of the month and announced in the *Tidende*.
Social events are announced in the *Tidende* and via email.

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	outreach@nordahl-grieg.org	

July 4	Independence Day
July 13-26	Camp Trollfjell
July 20	Ice Cream Social
August 16	Multi-Lodge Picnic at Henrik Ibsen Park
Aug. 30-Sept. 1	Kretsstevne at Camp Norge

Lodge Web Address: *www.nordahl-grieg.org* **Facebook:** *www.facebook.com/Nordahl.Grieg* **eTidende Web Address:** *www.nordahl-grieg.org/site/newsletters*
Phone Numbers: Lodge 408-438-5910 **Nordahl Hall—Rentals** 408-915-7755 **Other** 669-221-3858
District Web Address: *www.sofn6.org* **Camp Norge Contact Info:** *www.campnorge.org* 530-389-2508 P.O. Box 543, Newcastle, CA 95658