SONS of NORWAY

Nordahl's Tidende

Nordahl Grieg Lodge 6-52 • San Jose, CA

Volume 70, No. 6 | June 2024 | Business Meetings as Announced

En hilsen fra Nordahl Grieg Presidenten

Dear Members,

By the time you read this, many of you will have gotten Another Taste Of Norway and will have tummies full of pølse and smørrebrød and closets full of advance gift shopping.

Some of you might be wondering just what we're going to cook up to top this in 2025. And some might even be envisioning just how big and how far beyond just our one lodge A Taste Of Norway could grow.

It's my hope that those of you with such visions will reach out and share them with us, and take that step to become a part of this and other lodge events throughout the year.

Think of it as Spring Training for the Lutefisk World Series, and don't worry about the level of game that you initially bring. We have retired a few jerseys every year, but we still have plenty of coaches who can bring out the best in you.

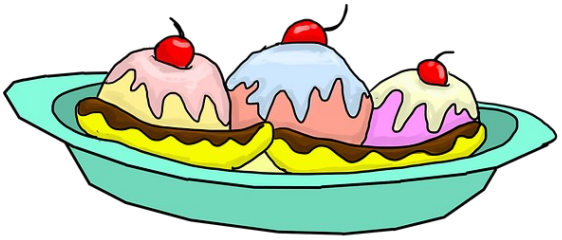
All it takes is just to say:

"Put me in, Coach, I'm ready to play!"

Fraternally,

Kathy Whitesel, President

Ice Cream Social and (brief) Business Meeting



Sunday, July 21, 2024 2:30 PM | Nordahl Hall, 580 West Parr Avenue

Join us at the hall for an ice cream social in celebration of summer!

Ice cream: Rømmegrøt and cardamom flavors (home-made), plus good old vanilla and strawberry (store-bought)

Toppings: Brunost sauce, chocolate sauce, fresh berries, and whipped cream

Dish up your ice cream and toppings, and then join us for a brief business meeting and an interesting program. Opportunities for seconds on ice cream will occur between the meeting and the program. Program specifics are still being worked out, but we promise it will be interesting!

Cost: $5.00 per adult. No charge for youth 12 and under.

(Note: The menu may change based on ingredient availability and further inspiration of the planners.)

IF YOU CAN LEND AN ICE CREAM MAKER, please let us know. More ice cream makers will allow us to make multiple flavors at the same time.

See you in July!

For more information, or to lend your ice cream maker, contact **Meg Laycock** (***meg@jstub.com***), or **LaVinnia Pierson** (***lavpier@aol.com***).

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Sunshine Report

Our heartfelt sympathy goes to **Sonja Flanagin** in the sudden loss of her nephew last month. She later lost her sister as well and will be flying to Maine for the service. We wish her a safe trip; our hearts go out to her and her family.

Gratulerer to **Kristen Hunsbedt** for completing her first marathon! She ran 26.2 miles at the Big Sur International Marathon at the end of April and was greeted by husband, **Mark**, and aunt and uncle, **Marcia and Larry Hulberg**, at the finish line. Way to go, Kristen!

Photo from Andy Hunsbedt. Syttende Mai parade in Kvinesdal, Norway

Andy Hunsbedt traveled to Norway for the month of May to visit his siblings and their families. He enjoyed celebrating Syttende Mai with all of the traditional activities. He spent most of his time on the family farm but also traveled to Stavanger to see his sisters and **Pat Nyberg**.

Let me know how you are and also your travels this summer.

Barbara Shoup, Sunshine Chair

June Birthdays

1 Gary Ansok
1 Selma Hemiup
3 Lindarae Polaha
5 Frederica Heady
6 Darrin Johnson
7 Amanda Sorensen
8 Svea Leventon
10 Nora Frost
14 Fred Hjelmeset
15 Joe Horner
19 Marla Berg-Vivit
19 Marilyn Wall
20 Margit Chapman
20 Mark Groethe
23 Dayna Bjerkhoel Neal
24 Don Erickson
26 Norm Hulberg
27 Jo Anne Burton
28 Skyla Leventon
29 William Alger

Heritage Member

1 Keziah Bratton

Nordahl Grieg College Scholarship

Any child, grandchild, or great-grandchild of a member in good standing of Nordahl Grieg Lodge is eligible. Applicant must be a full-time student, no older than 30 years of age, have completed at least one year of college or university, and have a cumulative minimum 2.75 GPA.

Deadline to apply is **June 30**.

Submit completed applications to:
Kristen Hunsbedt, Scholarship Chair
22774 Montrose Court
Los Gatos, CA 95033

Applications available at ***https://nordahl-grieg.org/site/scholarships.***

Solveig Club College Scholarship

Any daughter, granddaughter, or great-granddaughter of a member in good standing of Nordahl Grieg Lodge is eligible. Applicant must be a full-time student, no older than 30 years of age, have completed at least one year of college or university, and have a cumulative minimum 2.5 GPA. See application for full eligibility requirements. ***https://nordahl-grieg.org/site/scholarships***

Deadline to apply is **June 30**.

Submit completed applications to:
Judy Purrington, Solveig Club President
P.O. Box 53900
San Jose, CA 95153-0900

Sons of Norway Dues Increase

Like any other business, Sons of Norway has felt the impact of rising costs. It has worked to contain costs by reducing expenses to the extent possible, but only so much can be cut. Member dues have not increased since 2018 and have not kept pace with inflation. Recognizing that, the International Board of Directors approved the following dues increases effective July 1, 2024.

- Single membership annual dues will increase to $84. Of this amount, our Lodge will receive $15, and District 6 will receive $15.
- Family membership annual dues will increase to $144. Of this amount, our Lodge will receive $30, and District 6 will receive $25.

Renewals from July 1, 2024, and forward will be at the new rate. If a member's dues are due before July 1 and payment is received after that date, they will still be under the old dues structure. Likewise, if a renewal is due after July 1 and the member pays it early, it will be at the new increased rate. A message will be added to invoices regarding the dues increase with the July 2024 invoices.

Thank you for your membership with Sons of Norway. As a member you can connect with your heritage, learn about modern Norway, form lasting friendships, build a strong financial foundation, and participate in endeavors that make a positive impact on your community.

Viking Marketplace Unearthed

A large reconstructed chieftains longhouse at Lofotr Viking Museum

Another exciting Viking discovery has been made in Norway. On a small island in Rogaland county, known as Klosterøy, archaeologists from the University of Stavanger believe they have found traces of a Viking marketplace. The marketplace location coincides with the location of the Utstein monastery, one of the best-preserved medieval monasteries.

The discovery was made using ground penetrating radar and includes man-made pit houses, cooking pits, and boathouse foundations. Pit houses were structures that were covered with an angled roof and had a floor below ground level. This helped to keep the houses warm in the winter and cool in the summer. The university archaeologists believe the area was inhabited by Nordic farmers, merchants, craftspeople, warriors, and seafarers in the ninth century. This theory is supported by the fact that Norway's first king, Harold Fairhair, built a royal farm on Klosterøy around that time. It wasn't until the 13th century that the monastery was established. Researchers will conduct additional analysis of the marketplace to confirm their findings.

...from SON Newsletter Service

Congrats, grads!

If you're moving on to college next year, be sure to see page 2 for details on two different scholarship opportunities.

Save the Date - Upcoming Events

Here's a look at some of the exciting events coming up in 2024. Stay tuned for more details and additional events throughout the year.

- **Friday, June 20 - Monday, June 24: District 6 Sons of Norway Convention, Las Vegas.**
  Visit ***http://2024sofn6.org*** for more details.

- **Saturday, August 17: Annual Multi-Lodge Picnic at Henrik Ibsen Park**.
  Located in the Coastal Redwood Range 35 miles south of San Francisco on the Peninsula.

- **Saturday, December 7: Annual Lutefisk and Meatball Dinner**
  This is a great tradition for our Lodge and an important fundraiser. Join us for lutefisk, meatballs, lefse, cookies, and more! The Solveig Club Boutique will be open for shopping their unique selection of Scandinavian items and Christmas decorations.
  Contact: **Janie Kelly** at ***janiekelly6@aol.com***.

Nordahl Grieg Lodge Meeting Dates for 2024

Mark your calendars!

Since 2020, we have been conducting most Lodge meetings by Zoom at 7:00 PM. This year, we will mix it up with some Zoom meetings and some in-person meetings with refreshments and programs! Please mark your calendars with these dates on the 3rd Thursday of most months, and stay tuned for more details in upcoming *Tidende* newsletters.

- June - no meeting
- July 21 - 2:30 PM ice cream social
- August - no meeting
- September 19
- October 17
- November - no meeting
- December 19

A Bright Midsummer's Eve

The height of summer, June 24, marks the longest, brightest day of the year for the Land of the Midnight Sun, Norway. After long dark winters, this time is a joyous celebration of a much-awaited summer.

Different versions of this day are celebrated throughout the Northern Hemisphere with rituals dating back to Pagan times. Norway celebrates *Sankthansaften,* St. John's Eve, each June 23, the night before the longest day of the year. It is also called *Jonsok,* which translates to John's wake, referring to St. John the Baptist's birth.

Celebrations have and will continue to evolve over time. In Norway, festivities typically occur on June 23 and give thanks to the bright sun and the sweet-smelling flowers in bloom. Family and friends grill sausages and light bonfires bigger than on any other day of the year. Bonfires are historically assumed to protect from evil spirits and trolls lurking in the forests. *Rommegrøt* is a favorite meal on this day steeped with melted butter, sugar, and cinnamon.

Once the bonfires die down and the sun begins to set, people understand that the cycle must go round. Norwegians live with polar opposite seasons every year and, therefore take full advantage of every summer, enjoying the extended company of the sun on *Sankthansaften*.

...from SON Newsletter Service

Help Us Rent Nordahl Hall!

Your Venue for Memories that Matter for Your Family, Community and Business Gatherings–in Beautiful Los Gatos, California

BE AWARDED 4 TICKETS TO OUR POPULAR LUTEFISK & MEATBALL DINNER ON DECEMBER 7, 2024

HERE'S HOW - Make a rental referral directly to our property manager that results in a contract, and the referring person will receive 4 tickets for our delicious 2024 Lutefisk & Meatball Dinner. See additional promotion guidelines below.

Contact VIKING PROPERTY MANAGEMENT
Tel: 408-915-7755
Email: VikingPM1@gmail.com

Promotion Guidelines: Ticket award recipients must submit a referral to our property manager by contacting Viking Property Management at the contact phone number or email address listed above. A referral submitted to Viking Property Management must result in a fully executed contract, with the contract value paid in full, in order to be eligible for the 4 tickets. 2024 Lutefisk & Meatball Dinner ticket reservations start October 1, 2024; the 3 dinner seatings fill up on occasion. Recipients of the 4 tickets will receive their requested dinner seating time, as long as the tickets for that seating are still available. If unforeseen circumstances cause the dinner to be rescheduled or postponed, we will contact the promotion recipients with an alternative award.

Nordahl Hall is conveniently located off Winchester Blvd. near the Highway 17 and 85 interchange, in beautiful Los Gatos.
Check out our 360° view of the Hall and photos on www.nordhalhall.com. Nordahl Hall and Nordahl Grieg Lodge–serving communities in Northern California since 1947.

Nordahl Hall – 580 West Parr Avenue, Los Gatos, CA 95032

Help build the "Hygge Hus" at Camp Norge!

The 2024 fundraising campaign to build the **"Hygge Hus"** (Cozy House) cottage adjacent to Heritage Hall at **Camp Norge** is in full swing!

Our dream of building these fully-accessible units will ensure inclusivity for individuals using wheelchairs and walkers.

But we need your help!

We need your support to make the **Hygge Hus** a reality. Let's come together to build the **Hygge Hus** and make **Camp Norge** a haven for all, regardless of age or ability.

Phase one goal is to raise $50,000 to confirm feasibility and prepare the site.

We've already raised over $16,000 but we need your generous support.

Make your donation TODAY. Go to our Go Fund Me Campaign ⟹ **Click HERE**

or go to **https://gofund.me/62ff9cf7**

For more information, contact any member of the Camp Norge Board, or Fred Hymans: fred.hymans@gmail.com

Next Superman Film Shot on Svalbard

As the cinema award season wraps up, movie buffs can anticipate upcoming film releases. For those that love the superhero genre, the newest iteration of Superman is planning to come out in July 2025. The film, directed by James Gunn, will feature scenes that have been filmed in Svalbard, Norway. The location was chosen to feature the Fortress of Solitude, a base for Superman featured in other films. For this version of it, film crews chose Adventdalen (Advent Valley), on the island of Spitsbergen. The valley, which runs for a length of nearly 19 miles, was chosen for its natural Arctic beauty and varied landscape that set it apart from other scouted locations.

The director said that locals were curious about the filming that took place from 8 AM to 4 PM most days, and that he was fine with having onlookers. Perhaps situations like this will become more commonplace as Norway continues to incentivize filming throughout the country. These incentives include up to 25% return on costs spent in Norway and are supported in cooperation with Arts & Culture Norway, Norwegian Film Institute, and Oslo Filmfond.

Sources:

First Superman Scenes Have Been Filmed in Norway, James Gunn Says (collider.com)

James Gunn Starts Filming 'Superman' In Norway & Teases Scene With Hero Fleeing To The Fortress Of Solitude (deadline.com)

James Gunn finds "solitude" for Superman in Norway | ABC Audio Digital Syndication

Incentives & funding - Oslo Film Commission

Camp Trollfjell & Folkehøgskule

- Norwegian language
- Folk dancing
- Games & sports
- Hiking
- Rosemaling
- And much more!

Folkehøgskule
June 30-July 13
Ages 14-17

Trollfjell
July 14 - 27
Ages 8-13

Camp Norge
Alta, CA

For more info:
-Website: sofn6.org/arv/
-Facebook: Trollfjell
-Instagram: trollfjellsofn

Over-natten-grøt/Overnight Porridge

While you are sleeping, breakfast is being made in the fridge. Oatmeal, milk, and yogurt can be topped with fruit or seeds to suit your taste.

Makes 1 serving

Ingredients:

- 2/3 cup oatmeal (1,5 dl)
- 3/4 cup + 1.5 Tbsp milk (2 dl)
- 1/4 cup plain Greek yogurt, vanilla Greek yogurt, or lowfat cottage cheese (0,5 dl)
- 1 Tbsp. chia seeds, flax seed, sunflower seeds, or other seed mix (optional)
- 1 pinch salt

How to make:
Mix all the ingredients together and put into a glass or small bowl. Feel free to use a small mason jar. Cover the jar or bowl and leave the mixture in the fridge overnight or for at least six hours. Stir well before serving.

Variations:

- Chopped fruit or mashed berries can be stirred in along with the other ingredients.
- Mix cocoa powder or chopped dark chocolate into the porridge.
- Sweeten porridge with liquid honey, brown sugar, or another sweetener.
- Oatmeal can be replaced with a mixture of lightly cooked barley and oatmeal (golden barley).
- Sprinkle in spices such as vanilla, cinnamon, ground ginger, and cardamom.
- Milk can be substituted with almond, soy, or coconut milk.
- Add fresh berries, fresh fruit, and roasted nuts or similar right before serving so that it stays crunchy and looks tempting.

Source: https://www.nrk.no/mat/over-natten-grot-1.13189408

Love Your Lodge Donations

Platinum Level

The Solveig Club (donation, February 2024)

In loving memory of Don Slama
The Kids: Kate, Becky, Victoria, Marianne, & Craig (donation, January 2024)

In memory of Homer Stennes
June Stennes (donation, June 2023)

Gold Level

In memory of Michael Stennes
June Stennes (donation, June 2023)

In memory of Virginia Jolly
Don Ansok (donation, May 2021)

In loving memory of Clarian Pintacura
Alan Pintacura (donations, Dec 2019, Dec 2021, and Dec 2023)

Silver Level

In memory of Joan D. Johnson
Shelley Curtis (donations, January and December 2023)

In memory of Homer Stennes, Shirley Shoup, Anne Herbert, Kari Warner, and Don Slama
JoAnn Bjerkhoel (donation, September 2023)

In memory of Shirley Shoup
Sheryl Hawes (donation, June 2023)

In memory of Shirley Shoup
Andy Hunsbedt (donation, May 2023)

In memory of Garrett & John Hansen
Virginia Hansen (donation, March 2021)

Bronze Level

In memory of Anne Herbert
Sharon Sullivan (donation, January 2024)

In memory of Anne Herbert
Alan Pintacura (donation, December 2023)

In memory of Don Slama & Kari Warner
Randi Cruze (donation, July 2023)

In memory of Shirley Shoup
Lois Bertelson (donation, March 2023)

Shirley Shoup (donation, January 2023)

In memory of Mike Stennes
Shaun and Nicole Stennes (donation, January 2021)

Tusen Takk for your support!

Donations made prior to September 2020 are not listed.
Please view past issues of *Tidende* to see donors and honorees from earlier contributions. *Takk!*

Connections...ways to connect with your Norwegian heritage

- **Beginner Rosemaling Class** – 8-week session from July 8 to August 26, on Mondays from 10:30 AM to 1:00 PM, in Cupertino. For more information contact Shaun at 408-981-5685. Shaun is an experienced Rosemaler and has taught for over ten years.
- **Norwegian Folk Dancing** – We're taking a break for the summer but will resume meetings in September. Watch this space for dates and times. We look forward to seeing you!
- What would you like to see here? Tell us about activities and ideas to **CONNECT** with our Norwegian Heritage! View Nordahl Grieg Activity Photos

  www.nordahl-grieg.org

  www.facebook.com/Nordahl.Grieg

Celebrate Flag Day
June 14

Nordahl Hall - Love Your Lodge

Support the Nordahl Hall Capital Fund

Help us repair and upgrade Nordahl Hall.
All donations will be used for improvement projects.

Your donation* - *at any of the following support levels* - will be listed in the *Tidende* each month. Donations may be designated as "In Memory of…" or "In Honor of…"
Donations can be made at any time.

Love Your Lodge Support Levels

Platinum	**$1,000**	**Silver**	**$250**
Gold	**$500**	**Bronze**	**$100**

Please make checks payable to: *Nordahl Grieg Lodge.*
Write *"Hall Capital Fund"* on the memo line.

Then mail to:
Jim Sturtevant, Treasurer
1078 Ticonderoga Dr.
Sunnyvale, CA 94087

For more info, ask a Hall Board member, or contact **Dave Melius** at (408) 244-4497 or ***dmelius@hotmail.com***

* Donations are not tax deductible. Please consult your tax professional.

Planning a Party or Special Event?

Welcome to Nordahl Hall
Banquet & Meeting Center
Perfect for weddings, parties, meetings, and more! Convenient Campbell-Los Gatos location
For rental information, contact:
Viking Property Management at 408-915-7755

Nordahl's Tidende
Nordahl Grieg Lodge 6-52
580 West Parr Avenue, Los Gatos, CA 95032

Let's Plan for the Future

As a CERTIFIED FINANCIAL PLANNER™
I work with Sons of Norway members to help plan for the important things in life.

Call me for a free consultation.

Fred Hymans, CFP®
Financial Benefits Counselor
(916) 333-2086
fred@EFSplanning.com
CA Ins. Lic.#0D55562

SONS of NORWAY

Nordahl Grieg
1902 – 1943
Norwegian Poet,
Novelist, Patriot

Nordahl's Tidende is published on the 1st of each month.
Deadline to submit information for the next issue is the 15th of each month.
Please send all submissions via email to *editor@nordahl-grieg.org*.
Advertise in the *Tidende* – information and rates are available at *www.nordahl-grieg.org*.
Business meetings are generally held on the 3rd Thursday of the month and announced in the *Tidende*.
Social events are announced in the *Tidende* and via email.

Nordahl Hall 580 West Parr Avenue, Los Gatos, CA 95032

2024 Officers

President	Kathy Whitesel	408-839-2966
	president@nordahl-grieg.org	
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	vicepresident@nordahl-grieg.org	
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	cultural-director@nordahl-grieg.org	
Webmaster	Bruce Fihe	831-316-4889
	webmaster@nordahl-grieg.org	

June 16	Happy Father's Day!
June 20-24	District Six Convention
June 30	Nordahl Grieg Scholarship Deadline
June 30	Solveig Club Scholarship Deadline
June 30-July 13	Trollfjell Folkehøgskule
July 14-27	Camp Trollfjell
July 21	Ice Cream Social

Lodge Web Address: *www.nordahl-grieg.org* **Facebook:** *www.facebook.com/Nordahl.Grieg* **eTidende Web Address:** *www.nordahl-grieg.org/site/newsletters*
Phone Numbers: Lodge 408-438-5910 **Nordahl Hall—Rentals** 408-915-7755 **Other** 669-221-3858
District Web Address: *www.sofn6.org* **Camp Norge Contact Info:** *www.campnorge.org* 530-389-2508 P.O. Box 622, Alta, CA 95701