SONS of NORWAY

Nordahl's Tidende

NORDAHL GRIEG LODGE 6-52 • SAN JOSE, CA

VOLUME 69, NO. 6 | JUNE/JULY 2023 | BUSINESS MEETINGS AS ANNOUNCED

En hilsen fra Nordahl Grieg Presidenten

Dear Members:

By the time you read this, I hope that many of you will still be savoring A Taste Of Norway, fondly remembering beautiful costumes, dancing and music, yummy food, shopping for Nordic treasures, valiant Viking visitors…and maybe, just maybe, that Katja Skilpadde, in all my Turtly Viking splendor, was slower than a turtle with that walking stick.

A week ago as I write this, I was just walking the fifteen feet to the bathroom when I tripped over my own feet.

I should be fully back at work again by the time you read this, as you're looking forward to the post-Plague world opening up again, and I remind you all fraternally to take it slowly, with safety in mind, and, especially when you're dancing the night away at this year's Lutefisk Dinner:

Don't trip over your own feet!

Fraternally,

Kathy Whitesel, President

In this Issue

In Memoriam 2
Sunshine Report 3
Gratulerer med dagen! - June 3
"A Taste of Norway" photos 4
Gratulerer med dagen! - July 4
Discover Camp Norge 5
Aquavit Champ 6
Midsummer Magic 7
Multi-Lodge Picnic 7
Scholarships 8
Connections 9

Sommer Kommer - Summer is Coming!

Check out these fun summer events happening at Camp Norge. Visit ***campnorge.org*** for more details and to reserve your spot.

- Trollfjell Folkehøgskule (ages 14-17) - June 25 through July 8
- Camp Trollfjell (ages 8-13) - July 9 through July 21
- Kretsstevne - September 2 through September 4
- Rosemaling Seminar - September 23 through September 24
- Camp Oldfjell - September 30 through October 3

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to our members.

In Memoriam - Kari Warner

Astrid Kari Warner was born in Norway on June 28, 1934 and passed away on April 28, 2023. Kari and Gato, her cat, lived in Santa Clara, CA.

Kari lived in Oslo while growing up and attended Fagerborg Upper Secondary School and graduated in 1953. She lived in Norway during the Nazi occupation in WWII.

She married after graduation and eventually moved to the United States with her son Finn Gjerdrum. Subsequently Kari had more children, two daughters, Diane Christianson and Darlene, who passed away while a teenager. Her last child was a son, Paul. He attended camp Norge.

Later, Kari married Bob Warner. Kari worked for many years for Octel Communications and eventually retired from that company. She and Bob enjoyed many years together attending Sons of Norway meetings, and camping at Camp Norge was always a highlight every September.

Kari devoted her life to Sons of Norway. She had a big smile for everyone. She was the Financial Secretary of Nordahl Grieg Lodge for many years and was also District 6 Secretary for many years. She loved wearing her beautiful bunad for every occasion and attended Norway Day in San Francisco and Crabfest at the Hayward Lodge many times and was willing to help out wherever needed. One year, she was one of the installing officers for the Hayward Lodge. Attending the multi-lodge picnic at Henrik Ibsen Park in Woodside was a "must."

Sadly, Kari was not a well person these last few years and was cared for at the San Tomas Convalescent Hospital in San Jose.

People can donate in Kari's name to St. Jude's Children Hospital or the Santa Clara Humane Society which were her two favorite charities.

Editor's note: Thank you to ***Ginny Hansen*** *for providing this information on Kari. A memorial service has not been announced at this time, but we will be sure to update you if that changes.*

In Memoriam - Anne Herbert

We recently learned that Anne Herbert passed away on May 2 after struggling with late onset dementia. She was a longtime member of our lodge who moved to Idaho last year to be closer to her son.

A memorial service will be held at St. Timothy's Lutheran Church at 5100 Camden Ave in San Jose on June 24 at 11:00 AM.

Anne was famous for her lefse-making skills. She also was a server at all the Lutefisk Dinners and was willing to help whenever asked. More information will be shared in next month's *Tidende.*

Please note: this is a combined June/July issue of the *Tidende*. There will not be a newsletter next month.

See you in August!

Sunshine Report

Member Travels

Andy Hunsbedt traveled to Norway for the entire month of May. He was fortunate to spend time with all three of his siblings and their families. He stayed in Stavanger for part of the trip and also spent time on the family farm in Kvinesdal. He had a great Syttende Mai with family and friends and saw the parade in town. His nephew, Gaute, also flew in from North Carolina with two of his Norwegian-American daughters. We're glad you had a great time in Norway, Andy!

Patrick and Janie Kelly recently visited Nevada to see two of their grandsons graduate less than a week apart. Gavin graduated from the University of Nevada, Reno, and Aidan graduated from high school in nearby Henderson, NV. The Kellys drove their RV for the trip and stayed with Pat's daughter, Robin. They also enjoyed some sightseeing in nearby towns along the way.

June Birthdays

1	Gary Ansok
1	Selma Hemiup
6	Darrin Johnson
7	Catrina Ballou
7	Amanda Sorensen
8	Svea Leventon
14	Fred Hjelmeset
15	Joe Horner
19	Marla Berg-Vivit
19	Marilyn Wall
20	Mark Groethe
23	Dayna Bjerkhoel Neal
24	Don Erickson
26	Norm Hulberg
27	Jo Anne Burton
29	William Alger
29	Eilif Land

Heritage Members

28 Skyla Leventon

Upcoming Graduation

Our own **Kai Porter** is graduating from eighth grade this month! Mom **Laura Marshburn Porter** says she still can't believe he will be in high school. Congratulations to Kai and the entire Marshburn-Porter family! Wishing you all the best as you continue on to high school.

Ouch!

Our president, **Kathy Whitesel,** recently took a fall and fractured one foot and injured the other. With lots of rest and foot care, she is recovering. Luckily, she was able to join us for "A Taste of Norway" last month in her beautiful Viking costume. Take care, Kathy!

To the Members of Nordahl Grieg Lodge:

Thanks to all of you for your celebration of Shirley's life 4-16-23. A special thanks to **Kathy Whitesel** and **Judy Purrington**, who organized the event. Also thanks to Barbara Shoup for her keeping us in the in loop. It was good to hear from her friends and know how important she was to all of you. She will be missed by all.

Monica McDonald & family
(Sister of Shirley Shoup)

In Memoriam - Don Slama

Don Slama passed away on Sunday, May 21. He joined his wife, Joyce, for their 74th wedding anniversary which was the next day, May 22. They are now dancing together in the stars.

A celebration of life will be held on Sunday, July 2 at 2:00 PM at Nordahl Hall.

Viking Vision

Mark the Date for the District Six Lodge Meeting and Convention!

June 20-24, 2024

Tuscany Suites and Casino, Las Vegas, NV

"A Taste of Norway" is a Success!

Tusen takk to everyone who attended this special Nordic event. More details will follow in next month's *Tidende*, but for now, here are a few pictures from the celebration.

July Birthdays

1 Scott Ansok
1 Leslie Jones
2 Perri Nakayama
4 Helen Jorgensen
5 David Anderson
5 Bill Likens
7 Marion Harris
7 Richard Pierson
8 Peggy Alreck-Anthony
9 LaVinnia Pierson
9 Noel Tebo
10 Marguerite Benson
10 Nora Frost
11 Laura Hulberg
15 Ginny Hansen
15 Karin Hansen
16 Keith Kvenvolden
16 Laura Porter
18 Salem Lee
19 Patricia Erickson
21 Victoria Slama
22 Janice Stavang
23 Karen Mueller
27 Sheryl Hawes
28 Jeannie Thomson
29 James Anderson
29 Scott Mattison
30 Nancy Thym-Hochrein
30 Dale Eggen

Heritage Members

4 Xander Laycock
7 Jaylen Bratton
20 Gabriel Barnhart
21 Kai Nelms

Looking for a fun summer getaway?

Known as the "Gem of the Sierras," Camp Norge is the best kept secret for District 6 Sons of Norway Members.

The 50 acre camp is located right off of I-80 just 60 minutes from both Sacramento and Lake Tahoe.

House, Dorms & Cabins	RV Sites	Tent Sites
$25/person	$30/RV	$20/tent

Swimming pool & horseshoe pit onsite. Plus nearby hiking & fishing.

Two halls that can seat up to 100, with commercial kitchens.

A great place for weddings, retreats & family reunions!

BOOK YOUR STAY TODAY!

Call 530-389-2508

www.campnorge.org

Lowell Johnson (Snorre Lodge), Kathy Whitesel (Nordahl Grieg Lodge President), and Bruce Fihe (Nordahl Grieg Lodge)

Judges: Dave Melius (Nordahl Hall President and Bar Manager), Claire Smyth (Nordahl Hall Assistant Bar Manager), and Sheryl Hawes (Nordahl Grieg Lodge Vice President and Lutefisk Dinner Cookie Chairperson)

CONGRATULATIONS TO LOWELL JOHNSON

Winner of the Homebrewed Aquavit Re-Match against former reigning champion Bruce Fihe, at Nordahl Hall, April 29, 2023

Folk Art and More

Viking Vision

It's time to start working on projects for the 2024 Folk Art Exhibition at the biennial District Six Lodge Meeting & Convention in June 2024. New this year is a 'Viking' category to go along with the Viking Vision logo and theme. An 'Olaf' award will again be presented to a favorite digital/electronic program. So, start (or keep going) on your knitting, stitching, carving, painting, etc., or get creative with a digital program and/or the Viking theme.

Midtsommer Magic

On June 23, or the Saturday closest to it, Norway celebrates Midsummer's Eve with boating, picnics, bonfires, and the beauty of summer.

The ancient sun festival is celebrated throughout Europe with traditions that vary from country to country. Common to most of these traditions is happiness and gratitude for the warmer and brighter days. There's a Norwegian saying that "a beloved child has many nicknames," and this major holiday is referred to as midtsommerfest, Jonsok, or Sankthansaften (St. John's wake/eve).

In folk belief, good forces were believed to be particularly strong at midsummer. Herbs and hay harvested on the solstice were said to have potent magical properties. Putting a red Jonsok flower under your pillow would make you dream of the one you'd marry. A bonfire was to strengthen people going into the darker part of the year, and protect against trolls and evil spirits.

Today midtsommer is a secular festival that signals that summer vacation is imminent! Beachfront bonfires, music, dance, friends, and good food are typical. Grilled meats and seafood are popular, along with potato salad, pancakes, strawberries, homemade juice, as well as beer and aquavit.

...from SON Newsletter Service

Sleep Education in Schools

In a recent youth study in Agder county, Norway, it was evident that there is a strong connection between mental health and sleep. Of the girls in the study who slept 6 hours or less, 44% had a high level of mental health problems, and the boys' percentage was at 21%. The percentages were reduced significantly with just one additional hour of sleep.

Because sleep seems to be a root of mental health and stress among youth, psychologist Anne-Kristin Imenes believes that teaching about sleep should be part of the school curriculum. It is more important than what is currently being taught. Education on sleep has been attempted in some areas in Norway already, mostly online.

Imenes is hoping to analyze the data of the survey, talk with student councils at schools, and come up with ideas to combat poor sleep habits. The hope is that sleep awareness spreads to more people and that youth develop the tools they need.

...from SON Newsletter Service

Happy Flag Day!
June 14

Nordahl Grieg College Scholarship

Any child, grandchild, or great-grandchild of a member in good standing of Nordahl Grieg Lodge is eligible. Applicant must be a full-time student, no older than 30 years of age, have completed at least one year of college or university, and have a cumulative minimum 2.75 GPA.

Deadline to apply is **June 30**.

Submit completed applications to:
Kristen Hunsbedt, Scholarship Chair
22774 Montrose Court
Los Gatos, CA 95033

Applications available at ***https://nordahl-grieg.org/site/scholarships.***

Five Trips En Route to 50

This summer, both Crown Prince Haakon and Crown Princess Mette-Marit will turn 50. They will mark their special year with five trips to various parts of Norway, each excursion highlighting a different theme.

In February, Haakon went on a business trip to Stord in Vestland. At the end of March, the pair visited the towns of Vinje, Telemark, and Bykle in Setesdal.

First they spent time at the Raulandsakademiet in Vinje, an institution of Norwegian folk tradition and artisanship. Crown Princess Mette-Marit was thrilled to receive a pair of hand-embroidered monogrammed mittens while Crown Prince Haakon was gifted a harmonica.

Hovden Ski High School was next to play host. The crown prince pair love to be active in nature and took in a mountaintop view with students and teachers. After a chat at 1209 m/3966 ft over *vafler* and a bonfire, the crown prince returned on back-country skis.

That evening, the royals were treated to a concert in the old Bykle church, a parish dating back to the 13th Century. The unique music and dance traditions from Setesdal were recently added to the UNESCO list of intangible cultural heritage.

Other destinations include Finnmark in April to connect with Sámi culture, and Træna, Nordland in May, to embrace maritime life. In August they'll throw a joint birthday bash at the Palace gardens.

When asked how it feels to be turning 50 soon, the crown prince replied, "Det er fint, det." — "It's nice."

...from SON Newsletter Service

Love Your Lodge Donations

Platinum Level

In memory of his loving wife, Peggy Riddervold
Glenn Riddervold (donation, Sept 2020)

In memory of Ovald & Lorraine Norgaard
Elaine Edwards (donation, July 2020)

Solveig Club (donation, June 2019)

Gold Level

In loving memory of Clarian Pintacura
Alan Pintacura (donation, December 2021)

In memory of Virginia Jolly
Don Ansok (donation, May 2021)

In memory of Clarian Pintacura
Alan Pintacura (donations, Oct 2018 and Dec 2019)

Silver Level

In memory of Garrett & John Hansen
Virginia Hansen (donation, March 2021)

Bronze Level

In memory of Shirley Shoup
Lois Bertelson (donation, March 2023)

In memory of Joan D. Johnson
Shelley Curtis (donation, January 2023)

Shirley Shoup (donation, January 2023)

In memory of Mike Stennes
Shaun and Nicole Stennes (donation, January 2021)

In memory of Elderid Everly
Priscilla & Daniel Mark, Suzanne Lew, Danielle Low (donation, Nov 2019)

In memory of JoAnne Ansok
Jack and Virginia Jolly (donation, Oct 2019)

In memory of Harry Bjerkhoel
Jack and Virginia Jolly (donation, Oct 2019)

In memory of Greg Ansok
Jack and Virginia Jolly (donation, Oct 2019)

In memory of Noel Whaley
Jack and Virginia Jolly (donation, Oct 2019)

In honor of Paul Nore
Solveig Club (donation, June 2019)

Campbell Chamber of Commerce (donations, Nov 2018 and Dec 2019)

Tusen Takk for your support!

Donations made prior to May 2018 are not listed.
Please view past issues of *Tidende* to see donors and honorees from earlier contributions. *Takk!*

Connections...ways to connect with your Norwegian heritage

- **Interactive Bunad Map** – Check out the fun new feature on Sons of Norway's website. You can view pictures of bunads from throughout Norway and learn more about each style. ***https://www.sofn.com/bunad-map***
- **Now on Netflix** - **"**The Lørenskog Disappearance." When a billionaire's wife vanishes, Norwegian police must deal with the frenzied press and deceitful informants to find the truth. Based on real events.
- **Share Your Heritage** – Free Heritage Membership in Sons of Norway is an easy way to share your heritage. Sign up your children or grandchildren (age 15 and under) for FREE Heritage membership. They'll receive a member welcome kit with their own member ID Card. Visit ***https://www.sofn.com/join_or_renew*** for more details and to sign up.
- **Norwegian Folk Dancing** – We will not meet during June and July, but plan to start again in late August or early September. Join us then to learn some of the dances you watched at A Taste of Norway, plus many more! During the coming year we'll teach everything you need to know to get your Cultural Skills pin in Norwegian Folk Dancing, including step basics and the required dances. Meetings will be on Wednesday nights. Check this space in the August Tidende for details, or contact **Meg Laycock** at 408-255-2111, or ***meg@jstub.com***.
- What would you like to see here? Tell us about activities and ideas to **CONNECT** with our Norwegian Heritage! View Nordahl Grieg Activity Photos ***www.nordahl-grieg.org*** ***www.facebook.com/Nordahl.Grieg***

There's still time to sign up for Camp Trollfjell and Trollfjell Folkehøgskule! Visit ***https://sofn6.org/arv*** for more details and to register.

Nordahl Hall – Love Your Lodge

Support the "Nordahl Hall Capital Fund"

Help us repair and upgrade Nordahl Hall.

All donations will be used for improvement projects.

Your donation*– *at any of the following support levels* – will be listed in *Tidende* each month. Donations may be designated as *"In Memory of…"* or *"In Honor of…"*

Donations can be made at any time.

Love Your Lodge Support Levels

Platinum	$1,000	Silver	$250
Gold	$500	Bronze	$100

Please make checks payable to: *Nordahl Grieg Lodge.* Write *"Hall Capital Fund"* on the memo line.

Then mail to:
Mike Block, Treasurer
110 Flintlock Lane
Ben Lomond, CA 95005

For more info, ask a Hall Board member, or contact **Dave Melius** at (408) 244-4497 or ***dmelius@hotmail.com***

* Donations are not tax deductible. Please consult your tax professional.

Planning a Party or Special Event?

Welcome to Nordahl Hall Banquet & Meeting Center

Perfect for weddings, parties, meetings, and more! Convenient Campbell-Los Gatos location

For rental information, contact: Viking Property Management at 408-915-7755

Nordahl's Tidende
Nordahl Grieg Lodge 6-52
580 West Parr Avenue, Los Gatos, CA 95032

Nordahl Grieg
1902 – 1943
Norwegian Poet,
Novelist, Patriot

Nordahl's Tidende is published on the 1st of each month.
Deadline to submit information for the next issue is the 15th of each month.
Please send all entries via email to *editor@nordahl-grieg.org*.
Advertise in the *Tidende* – information and rates are available at *www.nordahl-grieg.org*.
Business meetings are generally held on the 2nd Friday of the month and announced in the *Tidende*.
Social events are announced in the *Tidende* and via email.

Nordahl Hall 580 West Parr Avenue, Los Gatos, CA 95032 Hall Rentals 408-915-7755 Lodge 408-374-4454

2023 Officers

President	Kathy Whitesel	408-839-2966
	president@nordahl-grieg.org	
Vice President	Sheryl Hawes	925-997-1698
	vicepresident@nordahl-grieg.org	
Co-Secretaries	Duane Adams	831-479-4376
	secretary@nordahl-grieg.org	
	Meg Laycock	408-255-2111
	secretary@nordahl-grieg.org	
Treasurer	Mike Block	831-336-9972
	treasurer@nordahl-grieg.org	
Tidende Editor	Kristen Hunsbedt	408-828-3503
	editor@nordahl-grieg.org	
Co-Social Directors	Duane Adams	831-479-4376
	social-director@nordahl-grieg.org	
	Barbara Shoup	408-982-5320
	social-director@nordahl-grieg.org	
Co-Cultural Directors	Judy Purrington	408-799-3262
	JudyPurrington@aol.com	
	Kathy Whitesel	408-839-2966
	cultural-director@nordahl-grieg.org	
Webmaster	Bruce Fihe	831-316-4889
	webmaster@nordahl-grieg.org	

June 14	Flag Day
June 18	Father's Day
June 30	Nordahl Grieg Scholarship Deadline *(see pg. 8)*
July 4	Independence Day
Aug 19	Multi-Lodge Picnic at Ibsen Park
Sept 1-4	Kretsstevne at Camp Norge
Sept 30	Lodge Social– Snowshoe Thompson
Oct 8	Lodge Social– "The Stavig Letters" film
Oct 28	Group Outing– Axe Throwing and Lunch

Lodge Web Address: *www.nordahl-grieg.org* **Facebook:** *www.facebook.com/Nordahl.Grieg* **eTidende Web Address:** *www.nordahl-grieg.org/site/newsletters*
District Web Address: *www.sofn6.org* **Camp Norge Contact Info:** *www.campnorge.org* **530-389-2508 PO Box 622, Alta, CA 95701**