SONS of NORWAY

Nordahl's Tidende

Nordahl Grieg Lodge 6-52 ▪ Founded February 16, 1946

Volume 65, No. 7 | July 2019 | Business Meetings as Announced

En hilsen fra Nordahl Grieg Presidenten

Kjære Venner (Dear Friends),

One of the things that I have always admired, and a reason I am humbled to be a member of Nordahl Grieg Lodge, is the compassion that we, as a Lodge, show toward others. We are fortunate enough to be able, as a Lodge, to donate money, goods, and our time to help those that are in need. One of the most recent examples of this was when **Bruce Fihe** was talking to the members present at a business meeting about how the Language and Heritage Camps run at a loss each year. Without hesitation, as a Lodge, we voted to donate money to help make sure that this valuable experience continues for the youth of Sons of Norway. Also, another great example of ways our membership gives back is all the food, books, calendars, and greeting cards that are donated at all our Lodge events. I know there are many other examples of ways Nordahl Grieg Lodge's membership gives back to the community each year. But this is just one of the reasons I am humbled to be a member of Nordahl Grieg, but, most importantly, honored to be your President.

July Agenda Alert…

- **There is no business meeting or Lodge social event scheduled for July.**

Not to be left out, I am also extremely grateful to have the opportunity to be a member of the Solveig Club. Recently, when I attended their annual thank you luncheon, I was reminded what a valuable organization it was. I was so pleased to be able to award the *Hjertelig Takk* Award to the Solveig Club at our Lodge's anniversary dinner in 2018. The March 2018 Tidende included a truly humbling list of wonderful examples of how the Solveig Club gives back to our Lodge and the community.

I would like to end my message this month once again by giving a very big *Tusen Takk* to our very own **Fred Hymans** for coming out and reminding our members about all the financial and insurance products that Sons of Norway offers. I know that I didn't take advantage of some of the wonderful products that are available to me through Sons of Norway until recently. I just hope that all our members take advantage of all that is offered to them by having a Sons of Norway membership.

Fraternally,

Laura Porter,

President

Save the Date

Lodge Social

Potluck Dinner and Movie

Friday, August 23

6:30 PM – Dinner ▪ 7:30 PM – Movie

The Wave

This acclaimed Norwegian blockbuster from 2015 is based on geologists' predictions of an **actual future event**. What will happen when an avalanche creates a 260-foot-high tsunami that hits the picturesque village of Geiranger during the height of tourist season? Come find out in this action-packed, high-stakes geo-thriller. (Norwegian with English subtitles).

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.

News About Members

SUMMER TRAVELERS

It is that time of year again when many of our members have or will be traveling. We hope you all have a great time and share your experiences when you return.

Liv Braaten enjoyed her cruise to Alaska – good weather and a fun time! She also visited friends in the Seattle area while she was gone. Liv plans to stay closer to home the rest of the summer.

Sharee Frost and her family are also heading for Sweden to visit daughter and sister, **Morgan** and her husband. Greet Morgan from us and have a fun time!

Andy Hunsbedt will be heading for Hungary and the Czech Republic in July. He won't be getting to Norway this time but is looking forward to this trip.

To the rest of you who might be traveling, have fun and return safely!

HEALTH NEWS

We have missed **Homer Stennes**. He continues to use his walker, is being evaluated for his balance issues, and maintains his PT program. We hope they find the source of your problem soon, Homer, so you can get back with us.

Joyce Cosce is completing her chemotherapy treatments which have gone well for her. She is looking good and feeling well. Way to go, Joyce!

Elaine Edwards is recuperating from hand surgery and seems to be doing well. She is also living in a new apartment, so she has been busy. Take care of yourself, Elaine!

Egil Larsen has had some recent health issues which are now resolving, and he feels he is doing better. Egil always maintains a positive attitude which is really helpful. He is looking forward to his 96th birthday in July and hopes to visit his sister in Oregon sometime this summer. We love you, Egil!

Bill Likens is recovering from a bout of pneumonia which really knocked his out, but he is feeling better now. Take care, Bill!

IN MEMORIAM

Paul Mehus passed away recently at the age of 76. A long-time member of our Lodge, he recently became a Golden Member. He lived in Fairplay so he was not able to participate in Lodge activities, but he maintained his pride in his Norwegian heritage. We extend our sincere condolences to his wife, Jacqueline, also a Golden Member of our Lodge, and the rest of his family in their loss of their family member.

Fraternally, *Shirley Shoup, Sunshine Chair*

July Birthdays

1	Scott Ansok
1	Leslie Jones
2	Perri Nakayama
4	Helen Jorgensen
5	David Anderson
5	William Likens
7	Marion Harris
7	Erline Mello
8	Peggy Alreck-Anthony
8	Egil Larsen
9	Brooke Bueno
9	Noel Tebo
10	Marguerite Benson
11	Carmen Almlie-Martinez
11	Laura Hulberg
15	Karin Hansen
15	Ginny Hansen
16	Jane Brekke
16	Laura Porter
18	Salem Lee
19	Patricia Erickson
19	Patrick Kitson
20	Earl Rosebraugh
21	Victoria Slama
22	Janice Stavang
23	Karen Mueller
27	Sheryl Hawes
28	Jeannie Thomson
29	James Anderson
29	J Scott Mattison
30	Nancy Thym-Hochrein
30	Dale Eggen

Heritage members:

7	Daniel LaClair
10	Nora Frost
20	Gabriel Barnhart
21	Amber Nelms

All Bay Area Lodge Picnic

Saturday, August 10 ● 11 AM to 5 PM
Henrik Ibsen Park, Woodside

Enjoy the day at this beautiful jewel of a retreat nestled in the redwoods. Bring the kids and grandkids for a day of swimming, races, bounce house, corn hole, horseshoes, music, raffle, and more!

Admission $10 per person (credit cards accepted); kids 12 and under free!

A hot dog lunch with chips and drink will be available for $5. Or, break out your picnic basket and bring your own food. Other beverages will be available for sale in the kitchen.

Plan to arrive early to beat the traffic. Please, no pets! More info in next month's Tidende.

Solveig Club members and guests at our annual Thank You Luncheon in June

Nyheter Fra Solveig Club

Congratulations to this year's Solveig Club college scholarship recipients: **Shiloh Curtis**, daughter of lodge member **Shelley Curtis**, and **Nicole Stennes**, granddaughter of lodge members **June and Homer Stennes.** Shiloh is studying at Massachusetts Institute of Technology and is on track to earn her Bachelor of Science degree next June in Electrical Engineering and Computer Science. Nicole is entering her junior year at San Jose State and is pursuing a bachelor's degree in Kinesiology and an associate degree in Dance, with plans to become a physical therapist. We wish these two young women the very best in their studies and future careers.

Beste Hilsen, *Duane Adams, Solveig Club President*

Lodge members and friends focused on creativity and fun in the Solveig Club's Rosemal Stenciling Class in June.

Join in Celebrating Camp Norge's 60th Anniversary!

Celebrate 60 years in the Sierras during ***Kretstevne Weekend*** – August 31 to September 2, 2019. Rooms go fast, so be sure to reserve your room or RV site early. Call the camp directly at (530) 389-2508 to reserve accommodations. Direct questions to: ***fred.hymans@campnorge.org.***

Camp OldFjell

Folkehøgskule for Voksene
(Folk School for Adults)

September 10-15 at beautiful Camp Norge.

Cultural skills will be offered on topics such as music, cooking, literature, Tablet Weaving, Hardanger, folk dancing, Vikings, and rosemaling.

For more information, visit:
https://www.campnorge.org/site/camp-oldfjell/

Love Your Lodge Donations

Platinum Level

In memory of Elderid Everly
Solveig Club (donation, April 2018)

In memory of Grace Larsen
Solveig Club (donation, April 2018)

In memory of Elmer Graslie
Clara Graslie (donation, Jan 2016)

In memory of Ann Smestad
Linda & Ron Smestad (donation, Aug 2015)

In memory of Greg Ansok
Don Ansok (donation, June 2015)

Gold Level

In memory of Clarian Pintacura
Alan Pintacura (donation Oct 2018)

In memory of Minnie Munson
Jane & Tom Marshburn & Laura Porter (donation, Oct 2016)

Silver Level

In memory of Elderid Everly
Laurette Kennelly (donation, May 2018)
The families of Elderid's sisters Eva & Rachel (donation, May 2018)

In honor of their many friends at Nordahl Grieg Lodge
Glenn & Peggy Riddervold (donation, Nov 2016)

Bronze Level

Campbell Chamber of Commerce (donation, Nov 2018)

In memory of Elderid Everly
Rebecca Ng (donation, May 2018)
Alan Pintacura, Winifred Doty, Kathy Jones (donation, May 2018)

In memory of John Hansen
Virginia Hansen (donation, Mar 2017)

Shelley Curtis (donations, Jan 2018 and April 2016)

In memory of Shirley Hansen
Solveig Club (donation, April 2016)

Don Slama (donation, April 2016)

In memory of Clarian Pintacura
Anne Herbert (donation, Feb 2016) and
Alan Pintacura (donations, Nov 2017, Jan 2017, and Nov 2015)

In memory of Noel Whaley
Sydney Whaley (donation, April 2015)

Tusen Takk for your support!

Donations made prior to April 2015 are not listed.
Please view past issues of *Tidende* to see donors and honorees from earlier contributions. *Takk!*

NORTHERN CALIFORNIA KRETSSTEVNE (NCK)

Labor Day Weekend—

Saturday, August 31– Monday, September 2, 2019

Join us for the weekend to celebrate our 60th Anniversary as Camp Norge. Come for the entire weekend or just for part of the weekend. The Saturday Night Dinner/60th Anniversary Celebration will be one not to be missed!

- ⇒ **Enjoy cooking classes, kids' games, Saturday night Karaoke, horseshoe tournament, Wine Tasting and fellowship**
- ⇒ **Norwegian Frokost, Pølse med Lompe, Tri-tip dinner and much more good food in the Heritage Hall**
- ⇒ **Take a hike, visit Dutch Flat, go for a swim, play some bocce ball or Kubb**

Support your Camp and have a lot of fun doing it!!!

Mail this form and a check for the meals, made out to D6 Sons of Norway to:
Bruce Fihe, NCK Registrar, 2435 Felt Street, #57, Santa Cruz, CA 95062

Name(s)_____Lodge Name &#_____

_____

Children_____ Ages_____

Phone (____)_____Email_____

Saturday Breakfast	Adult(s)@ $5.00 each	$ _____	Children under 12 @$2.50	$_____
Saturday Lunch	Adult(s)@ $6.00 each	$ _____	Children under 12 @$3.00	$_____
Saturday Dinner	**Adult(s) @$30.00 each**	**$_____**	**Children under 12 @$10.00**	**$_____**
Sunday Frokost	Adult(s) @$8,00 each	$_____	Children under 12@$4.00	$_____
Sunday Dinner	Adult(s) @$8.00each	$_____	Children under 12@$4.00	$_____
Monday Breakfast	Adult(s) @$3.00each	$_____	Children under 12@$1.50	$_____
		Kretsstevne Piin.....# of pins@$2.00		$_____

You can buy individual meals, if you wish or.....

Total Weekend Package.....Adult(s)_____$60.00 =$_____ Children_____X$25.00=$_____
(includes the pin) **Total Enclosed $_____**

PRE-REGISTRATION of meals is imperative in order to purchase and prepare the correct amount of food!

The Meal Registration Deadline is August 24, 2019!

To reserve a room call Susan at (530) 889-2508– Check out all Camp accommodations : www.campnorge.org

Connections ...ways to connect with your Norwegian heritage

Do you like to sing? The **Zaida Singers**, dedicated to the preservation of Scandinavian vocal music, is looking for new members. The group sings mostly Swedish folk songs, a cappella in 4-part harmony, but also enjoys mixing things up with new pieces. If interested, please contact choir director **Zaida Binetti** at 408-621-8959 or ***zaidasingers@gmail.com.*** Website: ***zaidasingers.org***.

Norwegian Folk Dancing – Wednesdays at 7:30 PM at the Masonic Hall, 890 Church Street (one block off Castro), Mountain View. Everyone is welcome, whatever your experience. Enjoy music, friendly folks, and fun! For summer meeting dates, contact **Rich Pierson** at ***RichPiers@aol.com***.

Tell us about activities and ideas to CONNECT with our Norwegian Heritage! View Nordahl Grieg Activity Photos
www.nordahl-grieg.org ***www.facebook.com/Nordahl.Grieg***

Planning a Party or Special Event?

Welcome to Nordahl Hall Banquet & Meeting Center

Perfect for weddings, parties, meetings and more!
Convenient Campbell–Los Gatos Location

For rental information, contact: Viking Property Management at 408-909-9055

Greenest Ways to Travel Norway

Norway's efforts toward the use of eco-friendly and renewable resources have earned it a spot on the top 10 list of greenest countries on earth. Transportation is a primary focus of Norway's commitment to reducing pollution and carbon production. Here are a few options to help you navigate the country and support a clean environment for all.

One way to travel green is by taking an electric city car. There are more than 10,000 charging stations across the country. Electric cars have gained such popularity in Norway that, for the first time ever, they now outsell traditional cars. To travel the coast, book passage on a Hurtigruten ship propelled by liquid natural gas and battery power. All Hurtigruten ships will be hybrid by 2021. One of the most popular ways to travel Norway is by taking the train. Electrically powered, the train will take you on the trip of a lifetime through fjords, mountains and scenic countryside.

Next time you're traveling through Norway, consider taking an eco-friendly form of transportation. To learn more about how Norway is going green, visit ***https://bit.ly/2Wz9l46***

Nordahl Hall – Love Your Lodge

Support the "Nordahl Hall Capital Fund"

Help us repair and upgrade Nordahl Hall.
All donations will be used for improvement projects.

Your donation*– *at any of the following support levels* – will be listed in *Tidende* each month. Donations may be designated as *"In Memory of…"* or *"In Honor of…"*

Donations can be made at any time.

Love Your Lodge Support Levels

Platinum	$1,000	Silver	$250
Gold	$500	Bronze	$100

Please make checks payable to: *Nordahl Grieg Lodge*. Write *"Hall Capital Fund"* on the memo line.

Then mail to:
Mike Block, Treasurer
110 Flintlock Lane
Ben Lomond, CA 95005

For more info, ask a Hall Board member, or contact **Dave Melius** at (408) 244-4497 or ***dmelius@hotmail.com***

* Donations are not tax deductible. Please consult your tax professional.

Fiery End for World's Largest Troll

The Senja Troll, a Guinness World Record-breaker known for being the largest troll in the world, was reduced to ashes when a blaze destroyed it on March 28. The gnarly behemoth was a key attraction at the Hulder and Troll family park in northern Norway on the island of Senja.

Reports of the troll's demise were delivered around the world via the Associated Press newswire. Just short of 59 feet tall, the troll's absence will certainly alter the surrounding landscape. The troll structure housed an adventure park, miniature railroad and other attractions.

The troll was built in 1993 and his kone (wife) was added to his side in 2007, when a priest blessed their "union." The attraction expanded even more when the troll couple had sextuplets in 2012.

There are no immediate reports of plans to rebuild the beloved Senja Troll. *...from SON Newsletter Service*

a little in English...

Archaeological Findings from Medieval Oslo: Ordinary People Also Built Stone Houses

Archaeologists have found five medieval stone buildings that are not part of any known constructions for kings or clergy. A researcher believes this will upend accepted truths such as stone buildings from this time being solely for the elite.

The excavation in connection with the construction of the Follo [high-speed railway] Line has provided archaeologists with new knowledge about settlements in medieval Oslo. They believe that a prevailing theory that stone buildings were reserved for king and clergy must give way, and that the discovery gives reason to consider whether the Cultural Heritage Act is ripe for an update. Ever since 1905, the Cultural Heritage Act has used the [Protestant] Reformation as a protection limit. This means that cultural monuments from before 1537 are automatically protected, while cultural monuments younger than this are dependent on different types of exceptions or specific decisions to obtain protected status.

Stone buildings have often been considered to be from "recent times," which in this case means from the 16th and 17th centuries. Thus, several stone buildings have been removed after only superficial examination and documentation.

Archaeologist and researcher Egil Lindhart Bauer from NIKU [The Norwegian Institute for Cultural Heritage Research] has been the project manager for the Follo Rail excavations. He believes that the results of the new discoveries from the medieval city of Oslo prove that this truth about the age of the stone buildings must be reassessed.

"In the excavations from the Follo Line project, we have found five stone buildings dating from between 1260 and 1440. None of these buildings are part of the known facilities of medieval-Oslo kings or clergy, so these are probably buildings of the bourgeoisie," Bauer says.

litt på norsk...

Arkeologisk funn fra middelalder-Oslo: Vanlige folk bygde også hus i stein

Arkeologer har funnet fem steinbygninger fra middelalderen som ikke er del av de kjente anleggene til konger eller geistlige. En forsker mener dette vil snu opp-ned på vedtatte sannheter som at bygninger i stein på denne tiden kun var for eliten.

Utgravingen i forbindelse med bygging av Follobanen har gitt arkeologer ny kunnskap om bebyggelse i middelalder-Oslo. De mener at en rådende teori om at steinbygg var forbeholdt konge og geistlige må vike, og at oppdagelsen gir grunn til å vurdere om Kulturminneloven er moden for en oppdatering.

Helt siden 1905 har Kulturminneloven brukt reformasjonen som vernegrense. Det vil si at kulturminner fra før 1537 automatisk er vernet, mens kulturminner yngre enn dette er avhengig av ulike typer unntak eller spesifikt vedtak for å få vernestatus.

Steinbygninger har ofte blitt vurdert til å være fra «nyere tid», som i dette tilfellet vil si fra 1500- og 1600-tallet. Dermed har flere steinbygninger blitt fjernet etter kun overfladisk undersøkelse og dokumentasjon.

Arkeolog og forsker Egil Lindhart Bauer fra NIKU [Norsk institutt for kulturminneforskning] har vært prosjektleder for Follobaneutgravingene. Han mener at resultatene fra de nye funnene fra middelalderbyen Oslo beviser at denne sannheten om steinbygningenes alder må revurderes.

– I utgravingene fra Follobaneprosjektet har vi funnet fem steinbygninger med datering fra mellom 1260 og 1440. Ingen av disse bygningene er del av de kjente anleggene til middelalder- Oslos konger eller geistlighet, så dette er i stedet trolig borgerskapets bygninger, sier Bauer.

...from SON Newsletter Service

Lemon Waffles
(Vafler Med Sitronsmak)

Ingredients

5 eggs
1/4 cup sugar
1 cup flour
1 tsp. lemon juice, fresh
1/2 tsp. lemon peel (freshly grated)
1 cup sour cream
1/4 cup butter, melted

Directions

Step 1: Sift together the flour and freshly grated lemon peel.
Step 2: Beat eggs and sugar until thick and fluffy, about 10 minutes.
Step 3: Alternately fold in the flour and sour cream. Stir in the melted butter and lemon juice.
Step 4: Set batter aside to rest 10-15 minutes.
Step 5: Heat a heart-shaped waffle iron. It is hot enough when drops of water sprinkled on its surface sputter. Pour approximately 3/4 cup batter into the center of the iron.
Step 6: Lower cover and bake until the steaming stops, 30-60 seconds on each side. Do not peek during baking period. Makes 6 waffles.

Recipe from *Ekte Norsk Mat–Authentic Norwegian Cooking,* available for purchase through the Vesterheim bookstore. ***www.vesterheim.org***

SONS of NORWAY

Nordahl's Tidende

NORDAHL GRIEG LODGE 6-52
KARI WARNER, FINANCIAL SECRETARY ▪ 1000 EL CAMINO REAL, APT. 107 ▪ SANTA CLARA, CA 95050-4284

✂ Please save the stamp on your *Tidende* envelope for *Tubfrim.*

Bank Interest Rates Got You Down?

Contact me for fresh ideas for how Sons of Norway financial products may be able to give you a lift.

Fred Hymans
Financial Benefits Counselor
(916) 486-4429
fred@fredhymans.com
CA Ins. Lic.#0D55562

SONS OF NORWAY

Nordahl Grieg
1902 – 1943
Norwegian Poet, Novelist, Patriot

***Nordahl's Tidende* is published on the 1st of each month.**
Deadline to submit information for the next issue is the 15th of each month.
Please send all entries via email to *editor@nordahl-grieg.org.*
Advertise in the *Tidende* – information and rates are available at ***www.nordahl-grieg.org.***
Business meetings are generally held on the 2nd Friday of the month and announced in the *Tidende.*
Social events are announced in the *Tidende* and via email.

NORDAHL HALL ▪ 580 WEST PARR AVENUE, LOS GATOS, CA 95032 ▪ HALL RENTALS 408-909-9055 ▪ LODGE 408-374-4454

PRESIDENT	LAURA PORTER	808-781-8869
	laura.porter@rocketmail.com	
VICE PRESIDENT	KÅREN AAKER	831-454-8509
	vicepresident@nordahl-grieg.org	
CO-SECRETARIES	VICKI EVERLY	510-501-0417
	secretary@nordahl-grieg.org	
	DUANE ADAMS	831-479-4376
	secretary@nordahl-grieg.org	
TREASURER	MIKE BLOCK	831-336-9972
	treasurer@nordahl-grieg.org	
FINANCIAL SECRETARY	KARI WARNER	408-248-5046
	financial-secretary@nordahl-grieg.org	
TIDENDE CO-EDITORS	VICKI EVERLY	510-501-0417
	editor@nordahl-grieg.org	
	SHAREE FROST	530-478-0980
	editor@nordahl-grieg.org	
CO-SOCIAL DIRECTORS	BARBARA SHOUP	408-406-0502
	social-director@nordahl-grieg.org	
	DUANE ADAMS	831-479-4376
	social-director@nordahl-grieg.org	
CO-CULTURAL DIRECTORS	KATHY WHITESEL	
	cultural-director@nordahl-grieg.org	
	JUDY PURRINGTON	408-799-3262
	asst-cultural-director@nordahl-grieg.org	
WEBMASTER (CO-EDITOR)	BRUCE FIHE	831-454-8509
	webmaster@nordahl-grieg.org	

July 7	Camp Trollfjell begins at Camp Norge
Aug 10	All Bay Area Lodge Picnic at Henrik Ibsen Park
Aug 23	Movie Night and Potluck Dinner
Aug 31	60th Anniversary Celebration at Camp Norge
Labor Day Weekend	Kretstevne at Camp Norge
Sept 10	Camp Oldfjell Folkehogskule begins at Camp Norge
Sept 27	Business Meeting

See *"Connections"* for other cultural events.
Dates will be added as they become available.

Remember to bring community service donations to Lodge events... non-perishable food for a local food bank, used paperback books for the VA Hospital, and cancelled stamps for Tubfrim. Tusen Takk!