Nordahl's Tidende

FOUNDED FEBRUARY 16, 1946
SONS OF NORWAY, NORDAHL GRIEG LODGE, 6-52

VOLUME 63, NO. 8 | AUGUST 2017 | BUSINESS MEETINGS ON 2ND FRIDAY

En hilsen fra Presidenten

Kjære Venner (Dear Friends),

Well we did it. We had our first joint business meeting and social. From the comments heard of those in attendance, it was a success. We had more members at this business meeting than at any other business meeting this year. Not only did we have a great social time, but we actually got a lot of Lodge business accomplished. I look forward to having more wonderful events like this in the future. I hope to see even more Lodge members at our Potluck Dinner Business Meeting on Friday, August 11.

It was wonderful to see three of our newest members at the Ice Cream Social: **Jeannie Thompson**, **Karen Mueller**, and **Helen Jorgensen** all recently transferred from **Snorre Lodge**. Let's all take this opportunity to think of ways we can expand our Lodge membership. One way that I personally helped with our Lodge growth was by helping my sister **Joni Jamin** to renew her membership that had lapsed. I'm glad to have her back as part of our Lodge family. Spend a moment to think of what you can do to expand our Lodge membership. Maybe you can talk to a relative or friend who has always been interested when you talk about your Sons of Norway life. But if you can't think of anything, make sure you attend our New Member Recruitment Event in combination with our Lodge Social on Friday, October 27.

Nordahl Greig Lodge is such a wonderful addition to so many members' lives; we need to make sure we can share our joy with as many of our family, friends, and acquaintances as possible. Let's all build on this small momentum and work to a better future. Once again if you have any ideas on how to strengthen our lodge, let me know. I am always open to trying something new. Also, thanks for all your support for me as your President as I lead us into our new future with the strengths of our past always in mind.

Fraternally,
Laura Porter, President

Some of what's inside…

Solveig Club News 2
Nordahl Grieg Scholarship Recipients 2
Membership Update and Birthdays 2
News About Members 3
SON International Scholarship Recipient 3
Hall Board News 4
New Member Recruitment Challenge 5
Norwegian Girls' Choir 5
Connections 6
District 6 Convention 2018 7
A Little in English… *litt på norsk* 8
Business Meeting Highlights 9
Hurra for deg 10

Kitchen Helpers Gladly Accepted

Everyone attending a Lodge event is welcome to help out in the kitchen (but, please, not all at one time!). If you can lend a hand, don't wait to be invited, just come on in and ask what you can do to help. Extra hands for cleanup are especially appreciated. It's your lodge and your kitchen, so don't be shy! *Tusen Takk.*

Nyheter Fra Solveig Club

We're taking a break for the summer and hope you're all enjoying yours. Isn't this a lovely picture of summer in Nærøyfjord? In 2005 the Nærøyfjord was listed as a UNESCO World Heritage Site, and, along with Geirangerfjord, was rated by the National Geographic Society as the *world's number one* natural heritage site.

Beste hilsen,
Duane Adams, Solveig Club President

August Birthdays

1	Fred Hymans
3	Jacqueline Mehus
5	Ona Saras
6	Bente Ellis
7	Paul Petersen
8	Linda Smestad
8	Rhonda Ansok
12	Bodil Grodum
18	Bryce Hymans
18	Hali Hansen
18	Kristen Hunsbedt
20	Paul Nore
21	Genevieve Deppong
23	Janet Mattison
25	Patricia Nyberg
29	Norman Johnson
30	Johan Lund
30	June Stennes

Heritage Members

14	Johan Roed
30	Kathleen Howard

Gratulerer med dagen!

Nordahl Grieg Scholarship Recipients

Gratulerer to **Nicole Stennes** and **Shaun Stennes,** this year's Nordahl Grieg Lodge College Scholarship recipients. They are the grandchildren of **Homer and June Stennes**.

Nicole is studying Kinesiology and Dance at San Jose State University and became interested in physical therapy after suffering some injuries from dancing. She feels with her degree, she can "serve the community of dancers/sports athletes."

Shaun is studying animation in the Digital Art Program at Chapman University in Orange, California. He had the opportunity to go to Japan recently and study the Japanese style of animation. He said "the opportunity to visit Japan and its culture fascinated me."

Lykke til (good luck) to both our scholarship recipients for a successful future!

And, *tusen takk* to **Ken and Cassie Leventon** for their assistance on the Scholarship Committee.

Barbara Shoup, Scholarship Chair

Membership Update

We have just a few membership changes to report.

We welcome a new member who transferred membership from Henrik Ibsen Lodge

Carolyn Olsen
1518 Bianca Way, Gilroy, CA 95020
415-566-5083

Welcome back to **Douglas Wilson Debs** who recently reinstated his membership.

Please note a change in phone number for **Russ Behel**: 408-425-6766

We recently received notice that **Norman Johnson** passed away in January. Norman was a golden member who joined our lodge in 1980; he was 92 years old.

I'm still struggling with my computer. Thank you to **Russ Behel** and **Dave Melius** for their help in tackling my software and hardware problems. I'm hoping a brand new modem from my internet provider solves the remaining problems. Fingers crossed!

Fraternally,
Kari Warner, Financial Secretary
408-248-5046 ***karia107@earthlink.ne***

News About Members

HAPPY NEWS

The date is set! **Alissa Hansen** is tying the knot with her fiancé **Kevin** on September 23 in Hubbard, Oregon. They have bought a house in that community and will be commuting to their jobs from their new home. We send our best wishes to the happy young couple.

Our Sunshine Chair, **Shirley Shoup**, had cataract surgery on July 20. She reports that all went well and her eye patch was removed the next day. She also reports her eyesight is okay and she is now dealing with eye drops. Take care, Shirley!

HEALTH NEWS

There is no health news to report again this month. I hope everyone is enjoy their summer and taking care.

Fraternally, *Shirley Shoup, Sunshine Chairperson*

SON International Scholarship Recipient

Kristin Jones (in photo on right), daughter of **Leslie Jones** (left), is a recent recipient of the Prestigious **Nancy Lorraine Jensen Memorial Scholarship**. She attended the July Ice Cream Social to share her experiences with our Lodge membership.

Here is a transcript of Kristin's presentation:

I'd like to give a little background on the Nancy Lorraine Jensen Memorial Scholarship. Nancy was a chemical engineer whose work resulted in important advances within the field of satellite photography. When she suddenly died at age 35, her parents established a scholarship fund in her honor, in order to encourage young women to enter the field of science and engineering. The scholarship is only available to female members, or daughters or granddaughters of current members of the Sons of Norway.

This December, I'll graduate from Georgia Tech with a Bachelor's in Computer Engineering. Engineering is exciting, challenging, and rewarding for me, and I look forward to working full time in just a few short months. Thankfully, I will embark upon my career free of any debt, unlike so many of my peers. The Nancy Lorraine Jensen Memorial Scholarship generously paid for all of my tuition last year, and will fund half of my tuition for my final semester. Through their and my parents' generosity, I have been able to focus on my education without worrying about how to pay for it. I am grateful to the Nancy Lorraine Jensen Memorial Scholarship for easing the financial burden my education placed on my family, especially as my parents approach retirement.

I'd also like to thank the Sons of Norway for making this opportunity possible. Growing up in the Sons of Norway, attending *barneleikarring*, serving and making cookies for the Lutefisk dinner, and especially going to Camp Norge are some of the fondest memories of my childhood. I've greatly missed wearing a bunad and eating lutefisk for the last few Decembers, particularly while I was studying for finals instead.

If I had never been a part of Sons of Norway, I would have not only missed out on a fantastic scholarship opportunity, but I would have missed out on being immersed in my Norwegian heritage as well. So thank you to the Sons of Norway for being such a positive part of my childhood and my cultural identity, and thank you to the Nancy Lorraine Jensen Memorial Scholarship for helping me complete my education debt free.

SONS OF NORWAY ALL-LODGE PICNIC

SATURDAY, August 12, 2017

11:00 am to 5:30 pm

HENRIK IBSEN PARK, WOODSIDE, CA

Pot Luck and BBQ Lunch
Children's Field Games and Swim Races
Raffles, Dark Boar Vikings
Bounce House and Dunk Tank
Bingo, Horseshoe Tournament
Norwegian Music and Dancing

$10 donation per car suggested
13800 Skyline Blvd. Woodside, CA
Arrive Early to Beat the Traffic. Please, no Pets
Park Kitchen Phone: (650) 851-9999

Hall Board News

Change in Staff

We have a new treasurer on our Hall Board. After two years as our treasurer, **Victoria Slama** has decided that it was time to devote more time to her personal life. She has done a great job as treasurer and we will miss her on the board. **Russ Behel** became Treasurer in May. Russ brings much experience from his former roles as both Lodge and Hall Board Treasurer. We are very happy to have Russ join us on the Hall Board.

Most of you will not know the hardworking cleaning staff that keeps our Hall clean and ready for our use and for the use of our renters. For the last 3½ years, **Bryce Hymans** (**Fred Hymans**' son) has been our janitor. He has done a super job, and we were sad to see him go. But, with his recent graduation from San Jose State, he had much bigger and better things awaiting him. **Thomas Riley** replaced him as janitor. Thomas is a security guard at El Camino Hospital and has prior janitorial experience.

Garden Blooming

The garden at the parking lot entrance has begun to fill in nicely after our initial planting in April. We have our neighbors, **Don and Donnie Rigby**, to thank for turning on our drip lines to water the garden a couple times a week.

Leslie Jones, Hall Board President

Love Your Lodge Donations

Platinum Level

In Memory of Elmer Graslie
Clara Graslie (donation, Jan 2016)

In Memory of Ann Smestad
Linda & Ron Smestad (donation, Aug 2015)

In Memory of Greg Ansok
Don Ansok (donation, June 2015)

Solveig Club (donation, Mar 2015)

In Memory of Harold Everly
5 Generations of the Everly Family (donation, Feb 2015)

Gold Level

In memory of Minnie Munson
Jane & Tom Marshburn & Laura Porter (donation, Oct 2016)

Silver Level

In honor of their many friends at Nordahl Grieg Lodge
Glenn & Peggy Riddervold (donation, Nov 2016)

Bronze Level

In Memory of John Hansen
Virginia Hansen (donation, Mar 2017)

Shelley Curtis (donation, April 2016)

In memory of Shirley Hansen
Solveig Club (donation, April 2016)

Don Slama (donation, April 2016)

In Memory of Clarian Pintacura
Anne Herbert (donation, Feb 2016) and
Alan Pintacura (donations, Jan 2017 & Nov 2015)

In memory of Noel Whaley
Sydney Whaley (donation, April 2015)

Duane Adams (donation, Feb 2015)

Bob Goodenough (donation, Feb 2015)

Victoria Slama (donation, Feb 2015)

Special Raffle Donation

In Memory of Elmer Graslie
Linda Garcia & friends & family (donation, Mar 2015)

Tusen Takk for your support!

Donations made before January 2015 are not listed.
Please view past issues of *Tidende* to see donors and honorees from earlier contributions. *Takk!*

New Member Recruitment Challenge

Be a Nordahl Grieg Lodge Superhero!

POW!

Help us achieve our goal of 27 new members in 2017

BAM!

Call Karen Aaker for member application forms (831-454-8509) or bring new-member recruits to our October 27th Lodge Social
(More information in next month's *Tidende*)

Norwegian Girls' Choir Visits Stanford

The Norwegian Girls' Choir recently visited the Bay Area and performed at Stanford University Memorial Church with the iSing Silicon Valley Girls' Choir. The Norwegian girls and their chaperons were hosted by, and stayed with, iSing families.

iSing's year round choir program brings together 250 girls throughout Silicon Valley, crossing cultures and socio-economic backgrounds, to unite their voices in harmony.

Nordahl Grieg Lodge donated $200 to iSing to help with food costs during this visit. Our donation was used to host a picnic for both choirs and their families and chaperons.

"WE ARE GIRLS CHANGING THE WORLD THROUGH SONG"

The concert event at Memorial Church was well attended and video clips are available on YouTube.

https://www.youtube.com/watch?v=AzIUbRD1s7Q

https://www.youtube.com/watch?v=8P7sjQeWjJA

Connections ...ways to connect with your Norwegian heritage

Another episode with PBS's "New Scandinavian Cooking" – recipes at ***newscancook.com***

- Sunday, August 6 at 6:30 AM on KQED Plus: In the fishing capital of Bergen, the wettest city in Norway, Chef Andreas prepares local trout and re-creates the city's famous fish soup.

All Lodge Picnic – Saturday, August 12 at Henrik Ibsen Park in Woodside. See page 4 for details. Join with Sons of Norway members from Bay Area Lodges at this annual event. Please bring a side dish or dessert to share. There is a suggested donation of $10 per car. Volunteers are needed to help set up, serve the meat, and clean up. New this year, the park kitchen is now accepting debit and credit cards.

Labor Day Weekend Kretsstevne – September 1-3 at Camp Norge – for more information and a reservation form, log on to the "events/news" page on the District 6 website at ***http://sofn6.org/***.

65th Rosemaling Seminar – September 23-24 at Camp Norge. See last month's *Tidende* for more information, or contact **Penny Joseph Knudsen** at ***pennyjknudsen@sbcglobal.net*** or 916-941-6433.

Norwegian Folk Dancing – Summer Schedule: August 9 and 23. (That's the 2nd and 4th Wednesdays.) 7:30 PM at the Masonic Hall, 890 Church Street (one block off Castro), Mountain View. Everyone is welcome, whatever your experience level. Enjoy live music, friendly folks, and lots of fun! For info, contact **Meg Laycock** at 408-255-2111 or ***meg@jstub.com***.

TELL US ABOUT ACTIVITIES AND IDEAS TO CONNECT WITH OUR NORWEGIAN HERITAGE!

VIEW NORDAHL GRIEG ACTIVITY PHOTOS ***www.nordahl-grieg.org www.facebook.com/Nordahl.Grieg***

Nordahl Hall – Love Your Lodge

Support the "Nordahl Hall Capital Fund."

Help us repair and upgrade Nordahl Hall.
All donations will be used for improvement projects.

Your donation*– *at any of the following support levels* – will be listed in *Tidende* each month. Donations may be designated as *"In Memory of…"* or *"In Honor of…"*
Donations can be made at any time.

Love Your Lodge Support Levels

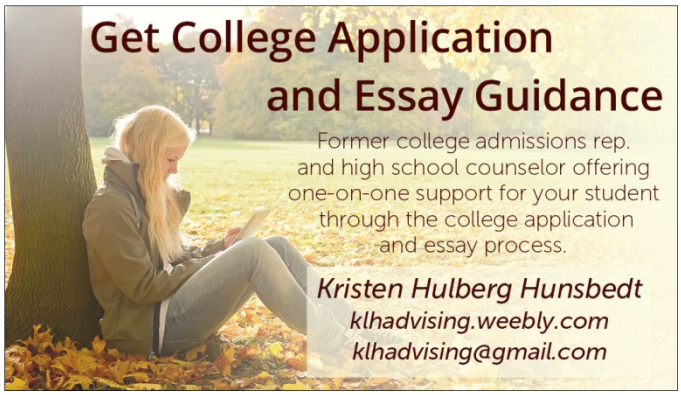
Platinum	**$1,000**	**Silver**	**$250**
Gold	**$500**	**Bronze**	**$100**

Please make checks payable to: *Nordahl Grieg Lodge*
Write *"Hall Capital Fund"* on the memo line.

Then mail to:
Mike Block, Treasurer
110 Flintlock Lane
Ben Lomond, CA 95005

For more info, ask any Hall Board Member, or contact Leslie Jones at 408-927-9966 or *lesbehel@sonic.net*

* Donations are not tax deductible. Please consult your tax professional.



Planning a Party or Special Event?

Welcome to Nordahl Hall Banquet & Meeting Center

Perfect for weddings, parties, meetings and more!
Convenient Campbell–Los Gatos Location
For rental information, contact:
Viking Property Management at 408-909-9055

SON District Six Convention 2018

Graton Resort & Casino: Rohnert Park, California
June 10-14, 2018

The Traditional Norwegian Folk Art Competition/Exhibit

I hope your project for the Folk Art Competition/Exhibition is part of your life these days. June of 2018 is barely one year away, and we know great works of art and handicrafts take time to create, so let's get busy!!

Don't be intimidated thinking that your work will not win a ribbon. Not everyone who enters a marathon will win, or even finish – but people enter marathons none-the-less, many times just for the experience. Give it a try and allow all of us the opportunity to admire your work!

You may enter your art/craft for Exhibition or Competition. We want to showcase to others what we are learning in the Norwegian Folk Arts and Handicrafts Exhibit. The following are traditional Folk Art categories for the convention:

1. Rosemaling
2. Weaving w/Norwegian design
3. Hardanger embroidery
4. Klostersom, diamantsom, other traditional needlework w/ Norwegian theme
5. Hand knitting w/Norwegian design
6. Crocheting and tatting
7. Figure carving w/Norwegian motif
8. Relief carving w/Norwegian motif
9. Chip carving
10. Bentwood/tine box or other woodworking w/Norwegian motif
11. Folk Art from other Nordic Countries
12. Other media w/Norwegian theme: photography, painting, felting, kolrosing, etc.
13. Bunad and Viking Costume Exhibit

And let's not forget about our youth! Youth up to age 15 are invited to display their work. Ages 16-20 can compete in the Youth class. We would love to see the youth take an interest in these wonderful traditional Norwegian arts and crafts passed on, from generations past, to us!

The traditional Norwegian Folk Art Exhibit is a ***very important*** part of our Conventions. We celebrate the award winners, applaud all entrants, and encourage and appreciate all beginners. Entry information and forms will be available the first of next year, but . . . the time to get started . . . is NOW! We are looking forward to seeing all of your entries in Rohnert Park!! Good luck!

Judy Immel
D6 Cultural Director and Folk Art Coordinator
2018 District Six Convention
mailto:culturaldirector@sofn6.org

Lingonberry Bavarian Cream

The Norwegian Kitchen
by Astrid Karlsen Scott

- 5 tsp. powdered gelatin
- 1 cup full fat milk
- 3 egg yolks
- scant ½ cup sugar
- 1½ cups whipping cream
- 1½ cups lingonberries
- 3 tbsp. sugar

Sprinkle the powdered gelatin over 3 tablespoons of the milk for 5 minutes to soften. Melt the gelatin over low heat.

Bring the milk to a boil. Beat the egg yolks with ½ cup sugar until light and lemon-colored.

Whisk egg mixture into the boiling milk. Stir in the melted gelatin. Refrigerate until syrupy.

Combine berries with the remaining sugar. Lightly whip the cream and fold in the berries. Fold cream and berries carefully into the slightly stiffened gelatin mixture.

Pour into a rinsed 1-quart mold. Refrigerate at least 3 hours. Remove from mold and garnish with whipped cream and fresh lingonberries.

Relax with a Norwegian Movie this Summer – at a Hefty Discount

Through a special arrangement with *Films of Norway*, Sons of Norway members in the US now have access to a selection of television shows, full length movies, documentaries, cooking shows, children's programming, and other content streamed over the Internet – at 25 percent off the regular monthly subscription rate.

All *Films of Norway* selections are Norwegian created or produced, or they star Norwegian actors. Your movie playlist may include the film celebrating the King and Queen's 25-year reign or adaptations of popular mystery writers. Most selections have the option to view with English subtitles. And new films and programs are added regularly. For example, in collaboration with Norwegian broadcaster NRK, all *Films of Norway* members may now access timely Norwegian news. Log in, sign up, and enjoy some leisurely viewing this summer with *Films of Norway*!
https://www.sofn.com/films_of_norway/

a little in English...

A Popular Speech Becomes a Song

Do you remember the speech that King Harald made? On Friday it is being released as a song.

King Harald was praised for his speech. People in Norway and abroad took note of what he said. The speech was inclusive and was shared on the internet. Friday it will be published set to music. The song is simply called "The King's Speech."

The music project *En Pose Nonstop* [A Bag of Non-Stop] from Holmlia [an Oslo suburb] was given permission by the Palace. They were allowed to use the king's words and voice. He had given the speech at a garden party last year.

"My biggest hope for Norway is that we are able to take care of each other. That we will continue to build this country - on trust, fellowship and generosity. That we will recognize that we - despite all our differences - are one people. That Norway is one."

The king also spoke about immigration.

“Norwegians believe in God, Allah, everything and nothing. Norwegians like Grieg and Kygo, Hellbillies and Kari Bremnes,” he said.

The king’s speech is a treasure. That’s what music producer Åge Reite thinks. "I want to elevate this speech," he told news agency NTB.

"The King's Speech" will become part of an album for children. The album "Reisen hjem" [The Trip Home] is about living with different cultures. It was easy to set the King's speech to music.

“It was a musical speech, almost like a song," Reite says.

Original article:

http://www.klartale.no/kultur/populer-tale-blirmusikk-1.962314

Spotify song:

https://play.spotify.com/album/6cWlf2jrTjtIIlWQzPNp1u?play=true&utm_source=open.spotify.com&utm_medium=open

litt på norsk...

Populær tale blir musikk

Husker du talen til kong Harald? Fredag slippes den som musikk.

Kong Harald fikk skryt for en tale. Folk i Norge og utlandet la merke til det han sa. Talen var så inkluderende og ble delt på internett. Fredag kommer den som musikk. Låten heter rett og slett «Kongens tale».

Musikk-prosjektet En Pose Nonstop fra Holmlia fikk lov av Slottet. De fikk bruke kongens ord og stemme. Talen holdt han på en hagefest i fjor.

– Mitt største håp for Norge er at vi skal klare å ta vare på hverandre. At vi skal bygge dette landet videre – på tillit, fellesskap og raushet. At vi skal kjenne at vi – på tross av all vår ulikhet – er ett folk. At Norge er ett».

Kongen snakket også om innvandring.

– Nordmenn tror på Gud, Allah, Altet og Ingenting. Nordmenn liker Grieg og Kygo, Hellbillies og Kari Bremnes, sa han.

Talen til kongen er en skatt. Det mener Åge Reite, som produserer musikk. – Jeg vil løfte denne talen høyt, sier han til nyhetsbyrået NTB.

«Kongens tale» blir en del av et album for barn. Albumet «Reisen hjem» handler om det å leve sammen med ulike kulturer. Det var lett å sette musikk til kongens tale.

– Det var en musikalsk tale, nesten som en sang, sier Reite..

...from SON Newsletter Service

Highlights of 03/10/2017 Business Meeting Minutes *(approved 05/12/2017)*

- Co-Secretary **Duane Adams** read thank you cards from SON Foundation for our donations to the scholarship fund and a congratulatory card from **Bjørnson Lodge** in Oakland for our Lodge anniversary.
- A 10-year anniversary pin was presented to **Paul Nore**.
- Financial Secretary **Kari Warner** and Treasurer **Mike Block** provided verbal reports on income and expenses.
- Social Director **Duane Adams** provided an update on upcoming social activities.
- Motion passed to move $2,000 from the general fund to the Hall Improvement Fund.
- Meeting temporarily adjourned by President **Laura Porter** to conduct the Nordahl Hall Annual Shareholders Meeting.

There was no business meeting in April.

Highlights of 05/12/2017 Business Meeting Minutes *(approved 06/09/2017)*

- A moment of silence was held in remembrance of Past President **Garrett Hansen** and Lodge members shared heartfelt comments about his friendship and his many contributions to the Lodge.
- A 15-year anniversary pin was presented to **Cassie Leventon**.
- Financial Secretary **Kari Warner** and Treasurer **Mike Block** provided verbal reports on income and expenses.
- Social Director **Duane Adams** reminded members about the *Syttende Mai* celebration and the presentation about bunads by **Randy Hicks** of **Snorre Lodge**.
- Details of how to handle donated funds during the upcoming "Feed the Pig Campaign" were discussed; campaign to begin in September. The purpose is to have a piggy bank at the refreshment table at all Lodge Socials to expand our efforts to the general membership.
- Vice President **Karen Aaker** announced plans with Social Director **Duane Adams** to combine the October 27 Lodge Social with a new member recruitment event.
- **Meg Laycock** reported on the successful folk dance weekend in April, which was held at an alternate facility while Camp Norge is unusable.

Highlights of 06/09/2017 Business Meeting Minutes *(approved 07/16/2017)*

- Co-Secretary **Duane Adams** shared a receipt for a donation of 90 pounds of mixed food items and 16 pounds of dog food donated by our members for West Valley Community Services.
- Treasurer **Mike Block** provided a verbal report of income, expenses, and assets. He also stated the annual Humanitarian Foundation collection will be sent to SON International, and that paperwork establishing a new Comerica account will be finalized tonight.
- Cultural Director **Kathy Whitesel** stated that Edvard Grieg music was played prior to the meeting in celebration of his birthday. She also plans to create a lodge fundraising cookbook and **Meg Laycock** offered to copy-edit the book. It was suggested to hold a Lodge Social next year to try out recipes prior to publication, with the goal of preparing and serving enough recipes for participants to complete a cultural skills pin for cooking in a single day.
- Motion passed to approve a Newsletter Advertising Policy. The pricing structure allows options for ads in a single newsletter, up to 6 consecutive months, and up to 12 consecutive months. The policy will be posted on the Lodge website.
- Motion passed to accept the donation of a hand-crafted rosemaled hutch to be used as a Lodge fundraiser.
- Motion passed to donate $200 to iSing Silicon Valley Girls' Choir hosting the Norwegian Girls' Choir to help offset meal costs; President Porter will author a letter to send with the donation. Both choirs will perform at Stanford Memorial Church on June 27.

Please Remember Food Donations

Although the Silicon Valley is one of the richest areas in the country, many families and individuals still face hunger and homelessness. West Valley Community Services provides critical food, housing, and support services to low income and homeless individuals and families in the West Valley communities of Cupertino, Saratoga, West San Jose, Monte Sereno, and Los Gatos. According to their website, in the last year:

- *672,380 pounds of food were distributed to low income and homeless families.*
- *1,223 individuals visited the West Valley Community Services Food Pantry, receiving groceries, household items, diapers, and personal care products.*

Our Lodge helps in this effort by collecting non-perishable food items at all Lodge events, and **John Stubblebine** delivers the collected items to WVCS. Please remember to bring a can or two to each event. It all adds up and provides much needed help to our neighbors. *Tusen Takk!*

Hurra for deg

A few years ago **Meg Laycock** introduced the idea of singing the Norwegian birthday song when we acknowledge Lodge birthdays at our business meetings. The idea didn't really take hold, but **Bruce Fihe**, Assistant Cultural Director, brought it up again at a recent meeting. At *Camp Trollfjell*, the kids all learn to do a rousing delivery of the song, and we can surely learn to do the same!

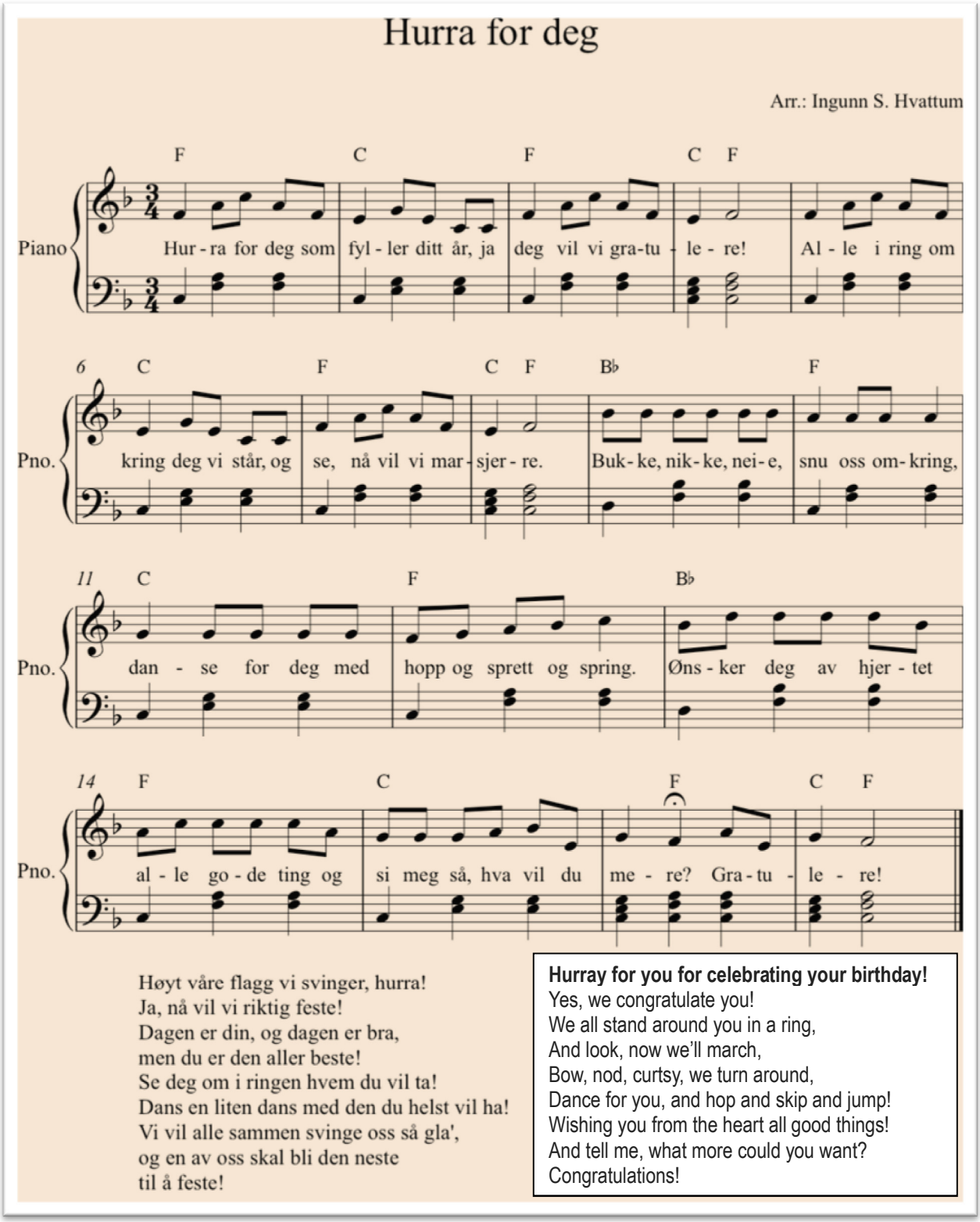
"Hurra for Deg" was written by Margrethe Aabel Munthe (1860–1931) and first printed in 1911. The melody is a Norwegian folk tune. In Norway, friends gather in a circle around the birthday honoree and sing this song very heartily. One online comment stated that *"Happy Birthday is one of the lamest songs imaginable. But "*Hurra for Deg*" is a jolly happy clappy song, much more suited to the joyous occasion of ones birthday!"* At the appropriate lines in the song, the singers also perform the actions from the lyrics (bowing, curtseying, turning in a circle, etc.)

This YouTube video provides a slow pronunciation guide for the lyrics: ***https://www.youtube.com/watch?v=gyBkH2ljWtU***

And this video is good for hearing the tune. The singer also sings the second verse, which apparently is very rarely sung in practice: ***https://www.youtube.com/watch?v=gxqeWtpgLl4***

This really is more fun to sing than "Happy Birthday." Let's add it to our repertoire.

NOTE: We've included an approximate translation of the Norwegian lyrics found online.



Høyt våre flagg vi svinger, hurra!
Ja, nå vil vi riktig feste!
Dagen er din, og dagen er bra,
men du er den aller beste!
Se deg om i ringen hvem du vil ta!
Dans en liten dans med den du helst vil ha!
Vi vil alle sammen svinge oss så gla',
og en av oss skal bli den neste
til å feste!

Hurray for you for celebrating your birthday!
Yes, we congratulate you!
We all stand around you in a ring,
And look, now we'll march,
Bow, nod, curtsy, we turn around,
Dance for you, and hop and skip and jump!
Wishing you from the heart all good things!
And tell me, what more could you want?
Congratulations!

SONS OF NORWAY
Nordahl's Tidende
NORDAHL GRIEG LODGE, 6-52
KARI WARNER, FINANCIAL SECRETARY ● 1000 EL CAMINO REAL, APT. 107 ● SANTA CLARA, CA 95050-4284

✂ ***Save the stamp on your Tidende envelope for Tubfrim!***

Bank Interest Rates Got You Down?

Contact me for fresh ideas for how Sons of Norway financial products may be able to give you a lift.

Fred Hymans
Financial Benefits Counselor
(916) 486-4429
fred@fredhymans.com
CA Ins. Lic.#0D55562

SONS OF NORWAY

Deadline to submit information for the next issue is the 15th of each month; please send all entries via email to ***editor@nordahl-grieg.org***. Advertise in the *Tidende*: information and rates are available at ***www.nordahl-grieg.org***.

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BUSINESS MEETINGS ARE HELD ON THE SECOND FRIDAY OF THE MONTH ● SOCIALS WILL BE ANNOUNCED IN THE *TIDENDE*

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Aug 11	Potluck Dinner and Business Meeting
Aug 12	All Bay Area Lodge Picnic and Viking Games at Henrik Ibsen Park
Sept 1-3	Labor Day Weekend Kretsstevne at Camp Norge
Sept 8	Business Meeting
Sept 22	Lodge Social: Warm Heart, Frozen Kebab
Sept 23-34	Rosemaling Seminar at Camp Norge
Oct 27	New Member Recruitment Social

See *"Connections"* for other important events. Dates will be added as they become available.

Remember to bring community service donations to Lodge events… non-perishable food for a local food bank and used paperback books for the VA Hospital. Tusen Takk!

LODGE WEB ADDRESS: *www.nordahl-grieg.org* ● **FACEBOOK PAGE:** *www.facebook.com/Nordahl.Grieg*
ETIDENDE WEB ADDRESS: *www.nordahl-grieg.org/site/newsletters*
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