



# Nordahl's Tidende



FOUNDED FEBRUARY 16, 1946  
SONS OF NORWAY, NORDAHL GRIEG LODGE, 52

Volume 60, No. 9

September 2014

Meetings on 2<sup>nd</sup> Friday

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## *En hilsen fra Presidenten*

*Kjære Venner* (Dear Friends),

Summer is winding down and Fall days are looming. Kids are back in school, and all of us are getting back on some kind of schedule. Summer 2014 certainly flew by!

Can you believe it is already time to think LUTFISK? In this issue of the *Tidende*, you will find information about plans for our BIG BASH – dates and times for dinner, as well as the preparation of meatballs, lefse, and cookies; the Lodge members who are in charge of the various volunteer jobs; and a ticket request form. Our first activity will be on September 20 helping our “Ticket Lady,” Kari Warner, send out the flyer to past attendees. We will meet in the Solveig Room to accomplish this task (see additional information elsewhere in this newsletter). Many thanks to all of you who have already volunteered to help with this project.

The "All Bay Area Lodge Picnic" was enjoyed by many. Over 200 attended from the various Lodges in the Bay Area. I counted over 30 attendees from our own Lodge.

It was a beautiful day at Henrik Ibsen Park and everyone enjoyed the fellowship, food, and fun. Chicken and Tri-tip were prepared by the host lodge with all kinds of delicious pot-luck accompaniments. The kids had great frolicking fun in the pool and learning Viking skills from the Vikings encamped at the Park. Our own **Meg Laycock** and **John Stubblebine** taught the schottische to some of the attendees, while others played bingo. It was my pleasure to present **Nancy Thym-Hochrein**, all the way from Germany, her Cultural Skills pin in Folk Dance I and II. Nancy came down from Auburn, where she is visiting her parents, to receive her pin and to visit with old friends. Several of our members went home with raffle prizes. It was an enjoyable day and the event will be held again next year.

As I write this, I am getting ready to go to *Kretsstevne* at Camp Norge. It will be good to see members of the other lodges as well as participate in all the activities that are planned.

Then, it will be Fall and all its exciting opportunities. Let's hope we get some rain! I hope to see many of you at our upcoming activities.

Fraternally,

*Shirley Shoup, President*

## **AGENDA ALERT**

**Next Business Meeting**  
**Friday, September 12 at 7:30 PM**



- Program by **Fred Hymans**, Sons of Norway Financial Benefits Counselor – *"Everything You Need to Know About Getting Older and Protecting Your Money – But Didn't Dare Ask"*
- Refreshments by **Elaine Edwards** followed by the business meeting

**Also in September:**

**"End of Summer Barbecue"** on Friday, September 26  
6:00 PM Social Hour  
7:00 PM Yummy Food..... See you there!

## Membership Update

We received information about one new member who joined via Sons of Norway International:

### James Anderson

1252 Spruce Ave, Atwater, CA 94043-3412  
209-358-2073    Odin@rahul.net

James... we welcome you to our lodge, and hope to see you often. I will mail you a black and white copy of our newsletter *Tidende* or you may prefer to receive a color copy online. The newsletter is published around the first of each month.

**Graham, Karin, Meagan and Donald Hansen** have moved to Oregon. We wish them all the best in their new home. You will be missed – stay in touch.

Please update your directory with the **Hansens'** new address:  
2314 Compton Street, Eugene, OR 97402

We have 10 members on the Past Due list from International. Please pay your dues.

Fraternally,

*Kari Warner, Financial Secretary*

(408) 248-5046    [karia107@earthlink.net](mailto:karia107@earthlink.net)



## Nyheter Fra Solveig Club



Summer has vanished; we resume our regular schedule and children are back in school. September was a busy month back on the farm. In addition to school, we children had to hurry to help harvest the vegetables from the garden because we could have heavy frost in North Dakota in September. It was also the time my father was busy harvesting grain and replenishing the wood pile.

And then, closer to winter, we would have the coal bin filled. At the end of September window screens would be replaced with storm windows. Everyone had tasks to fulfill. Now, they have double-paned windows and no screens as houses are all air conditioned.

Help us celebrate the harvest this year with the **Harvest Lunch and Boutique** on Sunday, October 12. Enjoy an array of homemade soups and begin your holiday shopping with Nordic gifts from our boutique. All proceeds benefit the Solveig Club Scholarship Fund. Please look for information elsewhere in this newsletter. I hope to see you there.

Solveig Club will next meet on September 10 at 10:30 AM and **Harriet Candelaria** will be hostess. Mark your calendar because beginning in October we will hold our meetings on the 3<sup>rd</sup> Wednesday of the month.

School is open so remember to drive carefully.

*Ha det bra,*

*Elderid Everly, Solveig Club President*

## September Birthdays

- 2    Elizebeth Hansen
- 2    Claire Smyth
- 2    Jack Jolly
- 3    Richard Candelaria
- 5    Mary Schlink
- 6    Larry Olsen
- 7    Jon Villarreal
- 8    Larry Hulberg
- 11   Janet Waagen
- 11   Cecelia Meyer
- 12   Janet Espersen
- 13   Jamie Bjerkhoel
- 17   Judy Purrington
- 17   Jim Annis
- 19   Marvin Bertelson
- 20   Diane Bromstead
- 21   James Basso
- 23   Mayvid Maclay
- 23   Svein Livgard
- 24   Janie Kelly
- 24   Janice Crawford
- 26   Rosalind Mulvany
- 27   Bruce Fihe
- 29   Jan Overland
- 29   Kathleen Slama

### Heritage Member

- 1    Max Jones

*Gratulerer med dagen!*





## Tusen Takk

I apologize for  
being so late

thanking all of you for my wonderful Birthday Party – to **Shirley Shoup** and **Ginny Hansen** for putting it on, and for all of you taking the time to attend. I also thank you for all the gifts... I surely had not expected that. It was by far the best birthday party I've had since I was a child... and without doubt, the best attended. Thanks again. – *Kari Warner*

## CALL FOR VOLUNTEERS!

### Lutefisk Dinner Flyers

We have tentatively scheduled a "mailing party" for Saturday, September 20 in late morning/early afternoon.



If Saturday is not convenient, we can move it up to an earlier day that week, but we need to have the task completed by September 20. Please let me know if we need to change the date, so please call me or e-mail me.

I will have the envelopes, address labels, return labels, stamps all ready to go – the task should not take long with 4 or 5 volunteers.

Submitted by:

*Kari Warner,*

*Lutefisk Dinner Tickets/Publicity Chair*

408-248-5046 [karia107@earthlink.net](mailto:karia107@earthlink.net)



## Nordahl Hall – Love Your Lodge Fund Drive

**Become a supporter of the  
"Nordahl Hall Capital Fund"**

**Help us repair and upgrade Nordahl Hall.**

All donations will be used for improvement projects.

Your donation\*—*at any of the following support levels*—will be listed in *Tidende* each month. Donations may be designated as "In Memory of..." or "In Honor of..."

**Donations can be made at any time.**

### **Love Your Lodge Support Levels**

**Platinum \$1,000**

**Gold \$500**

**Silver \$250**

**Bronze \$100**

**Please make checks payable to: Nordahl Grieg Lodge**

Write "Hall Capital Fund" on the memo line.

**Then mail to:**

Mike Block, Treasurer  
110 Flintlock Lane  
Ben Lomond, CA 95005

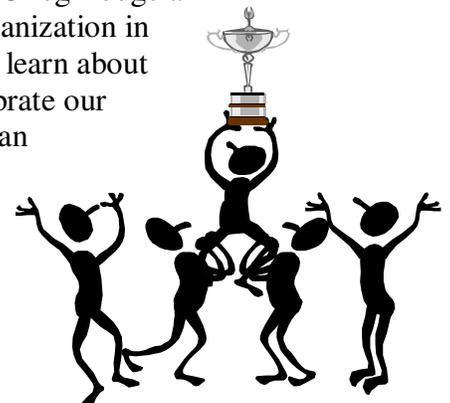
For more info, ask any Hall Board  
Member, or contact Larry Hulberg at  
408-813-2615 or [lwhulberg@gmail.com](mailto:lwhulberg@gmail.com)

\* Donations are not tax deductible. Please consult your tax professional.

## 2015 Officers Needed

The Nominating Committee will soon begin to recruit Nordahl Grieg Officers for 2015. Please think about "raising your hand" to volunteer and serve as an officer for the next year. There are lots of jobs to fill and **NO EXPERIENCE** is required for most positions!

We welcome new blood and new ideas. So please think about joining our team of officers and volunteers who work to make Nordahl Grieg Lodge a great organization in which to learn about and celebrate our Norwegian heritage.



## News about Members



### INTERESTING NEWS!

**Graham Hansen** and family – **Karin, Megan, and Donald** – have moved from Chico to Oregon, near Eugene. They are getting settled in their jobs and school, and are being missed by the rest of the Hansen family in our area.

I had a note from **Mette Hellested Goldeen**. They enjoyed their recent visit from **Elderid and Vicki Everly** and welcome other Lodge members to their new home in Carson City, Nevada. They are currently doing some reconstruction on their house, and Mette has sold her condo here in San Jose and bought 42 acres of land north of Reno – “*the Hellested Ranch of the Future*” she calls it. Her sons, **Niels, Bent**, and grandson, **Karl** will live there.

**Ginny Hansen** is on a visit to Alaska, which includes a cruise – her first! Have a fun time.

After *Kretsstevne*, the **Bjerkhoels** are heading out for a trip to the Midwest and East. They plan to be on the road for several weeks, but will be back for Lutefisk. They came through the Napa earthquake okay. Enjoy your travels, **Harry and JoAnn**.

### HEALTH NEWS

**Don Ansok** has completed his nine weeks of radiation treatment without too many problems and is now attending a family reunion (on JoAnne's side) up in Oregon.

**Joyce Cosce** is continuing her hyperbaric treatments. They were interrupted when she had to have emergency bowel surgery and spent a week in the hospital. But, she was able to attend the picnic at Henrik Ibsen Park and maintains her positive outlook on life.

**Finn Gjerdrum** had surgery at the VA Hospital in Palo Alto and has recovered without any complications.

I saw **Kristine Olsen** at the Memorial Service for Rigmor Steele. Kristine is in a wheelchair and is living at a nursing care facility near Westgate.

**Kari Warner** has had a rough summer. First, it was her ankle, then she injured her right arm in another fall. Her ankle is much better now, but her arm continues to be painful and slows her down. No more falls, Kari!

## CONDOLENCES

We send our condolences to the family of **Rigmor Steele**, a long-time former member of our Lodge. Rigmor died on July 1. She and her husband, **Lloyd**, moved to the Reno-Sparks area several years ago to be closer to her daughter. Rigmor was born in Norway and immigrated with her three children after World War II. She was very active in our Lodge and the Solveig Club, as well as Daughters of Norway. We remember her with fondness.

## IN MEMORIAM

Long-time member **Gloria Knapstad** died recently at the age of 84. She was a Life Member of our Lodge, having joined Sons of Norway in 1966. She and her husband, **Sverre**, enjoyed attending our Lutefisk dinners over the years. We will drape our charter at our next meeting in Gloria's memory. We express our sympathy and condolences to the family.

Fraternally,  
*Shirley Shoup, Sunshine Chair*

Please contact Shirley if you have news to share about a Nordahl Grieg Lodge member: (408) 264-0912  
[shoupshirley@yahoo.com](mailto:shoupshirley@yahoo.com)

## Barneleikarring News

The *Barneleikarring* will meet on Sunday, September 13 at Nordahl Hall from 1:30 to 3:30 PM. I look forward to seeing all of you and hearing about your summer! Any questions, please call me at (408) 745-1595.

*Ha det bra!*  
*Ginny Hansen, Barneleikarring Director*

# Connections

...ways to connect  
with your Norwegian heritage



**Activity Snaps...** check out Lodge pictures at [www.nordahl-grieg.org](http://www.nordahl-grieg.org).



**Tell us about activities and ideas to CONNECT with our Norwegian Heritage!**

# 2014 Lutefisk Dinner Preparations

**The Lutefisk is Coming!** It's time to start planning for our annual Lutefisk and Meatball Dinner. This is a great tradition for our lodge and an important fundraiser, but we need your help to make it happen.

Please contact the chairpersons listed below to let them know you're willing to help. Calling or e-mailing in advance makes it easier to plan. **If you don't know where you're needed or can simply help serve, contact Victoria Slama** (Volunteer Coordinator). This includes the many young people who turn out each year to serve. We need to hear from you in advance, so we know who we can count on. Many thanks!!

## General Chairpersons

**Larry Hulberg** (408) 813-2615

*lwhulberg@gmail.com*

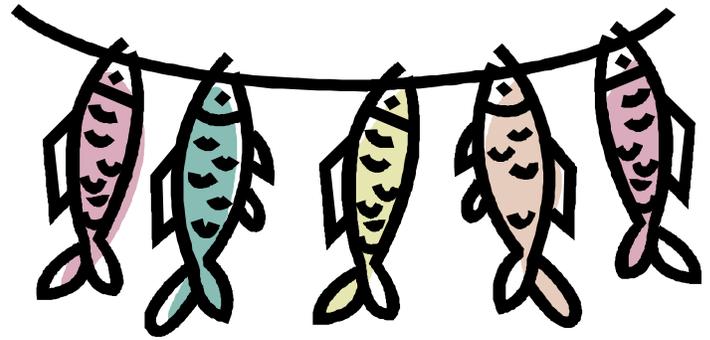
**Harry & JoAnn Bjerkhoel** (707) 966-0219

*buddyeste@gmail.com*

## Volunteer Coordinator

**Victoria Slama** (831) 359-5887

*victoria\_slama@baymoon.com*



## Mark your Calendar!

**November 2** (Sunday) – Meatball Making

**November 15 & 16** (Sat/Sun) – Lefse Making

**Nov. 30 & Dec. 1** (Sun/Mon) – Cookie Making

**December 3** (Wed) – Lutefisk/Hall Setup

**December 4** (Thurs) – Table Setting

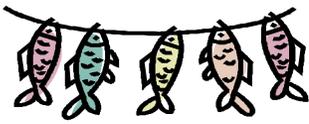
**December 5 & 6** (Fri/Sat) – Lutefisk Dinner

**December 7** (Sunday) – Hall Clean-up

**Please see Committee Chairs listed below for contact information. Thanks!**

**Student Volunteers! We can provide community service hours — students just need to bring paperwork with them and the committee chair will verify the student's hours and sign their paperwork that day.**

Committee	Chairperson	Telephone	E-mail Address
Tickets/Publicity	Kari Warner	(408) 248-5046	karia107@earthlink.net
Hall Decoration	Kathy Whitesel	(408) 258-2562	saxonytarn@aol.com
Bar Manager	Dave Melius	(408) 244-4497	dmelius@hotmail.com
Coffee	Garrett Hansen	(408) 244-2940	facilitiesguy2001@yahoo.com
Cookies	Sheryl Hawes	(925) 997-1698	Sheryl.hawes@att.net
Lefse	Elderid & Vicki Everly	(650) 961-9817	vicki.everly2@gmail.com
Meatballs	Janie Kelly	(408) 559-6563	janiekelly6@aol.com
Potato Crew	Andy Hunsbedt	(408) 353-3673	anstein@msn.com
Kitchen Crew	Victoria Slama	(831) 359-5887	victoria_slama@baymoon.com
Lutefisk Crew	Harry Bjerkhoel	(707) 966-0219	buddyeste@gmail.com
Table Setting	Elderid Everly	(650) 961-9817	vicki.everly2@gmail.com
Dining Room	Kate & Don Slama	(408) 243-1592	KSlama@valleywater.org
Solveig Bazaar	Elderid & Vicki Everly	(650) 961-9817	vicki.everly2@gmail.com
Music	Harry & Leland Bjerkhoel	(707) 966-0219	buddyeste@gmail.com
Parking	Mark Hunsbedt	(408) 206-0351	markhunsbedt@hotmail.com
Recycling	Kathy Whitesel	(408) 258-2562	saxonytarn@aol.com
Hall Clean-up	Harry Bjerkhoel Larry Hulberg	(707) 966-0219 (408) 813-2615	buddyeste@gmail.com lwhulberg@gmail.com



## 2014 Annual Lutefisk and Meatball Dinner

### Nordahl Hall – 580 W. Parr Avenue, Los Gatos, CA

**Friday, December 5**

*Early Diner's Special*

1st Seating	3:30 PM
2nd Seating	5:30 PM
3rd Seating	7:30 PM

**Nordahl Grieg Members**

\$15.00
\$20.00
\$20.00

**Non-Members**

\$20.00
\$25.00
\$25.00

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**Saturday, December 6**

*Early Diner's Special*

1st Seating	3:30 PM
2nd Seating	5:30 PM
3rd Seating	7:30 PM

\$15.00
\$20.00
\$20.00

\$20.00
\$25.00
\$25.00

**Special reduced children's prices:** Children 6-12 years – \$7.00 Under 6 years – free

**Invitation to Dance** – Diners from all seatings (both Friday and Saturday) are invited to participate in the entertainment and dancing on Saturday night beginning at approximately 9:00 PM.

**Visit the Solveig Club Bazaar** – The ladies of the Solveig Club will host their bazaar and raffle on both Friday and Saturday. Stop by and see their unique selection of Scandinavian items, baked goods, and “white elephant” treasures. Doors open at 3:00 PM. Please bring cash or checks for the bazaar and raffle... sorry, no credit cards are accepted.

**Join Now and Enjoy Member Prices** – Join the Nordahl Grieg Lodge #52 and get member prices for Lutefisk Dinner tickets. Have fun all year! **Call Kari Warner at (408) 248-5046 for membership information.**

**RESERVATIONS** – All reservations **MUST** be made by mail. You may make copies of the reservation coupon below for your friends. Please be sure to indicate your first and second choice of seating times.

**NO reservations will be accepted if postmarked before October 15.** Any mail received before this date will be returned.

**PLEASE INCLUDE A SELF-ADDRESSED STAMPED ENVELOPE** to mail your tickets.

**Please mail your reservation form together with your check or money order PAYABLE TO: Nordahl Grieg Lodge #52  
Kari Warner, 1000 El Camino Real, #107, Santa Clara, CA 95050-4284**

**QUESTIONS?** Call Kari at (408) 248-5046



**Invite a friend!**

### Lutefisk and Meatball Reservation Coupon

*Please indicate your **FIRST** and **SECOND CHOICE** of seating times*

<b>Friday, December 5</b>	_____	1st Seating	3:30 PM	<i>Early Diner's Special</i>
	_____	2nd Seating	5:30 PM	
	_____	3rd Seating	7:30 PM	
<b>Saturday, December 6</b>	_____	1st Seating	3:30 PM	<i>Early Diner's Special</i>
	_____	2nd Seating	5:30 PM	
	_____	3rd Seating	7:30 PM	

**Name:** \_\_\_\_\_ **Phone:** (     ) \_\_\_\_\_

**Email Address:** \_\_\_\_\_

# of adult members: \_\_\_\_\_ # of non-member adults: \_\_\_\_\_ # of children 6-12: \_\_\_\_\_ # of children under 6: \_\_\_\_\_

**TOTAL AMOUNT of check enclosed: \$** \_\_\_\_\_

**PLEASE NOTE: there will be NO REFUNDS**

**Mail to: Kari Warner, 1000 El Camino Real, #107, Santa Clara, CA 95050-4284**  
**DO NOT MAIL BEFORE OCTOBER 15 - Please include a self-addressed stamped envelope**

# Sons of Norway Barbecue



*Please join us for  
our End of Summer Barbecue Party!*

**Friday, September 26**

**6 PM Social Hour**

**7 PM Dinner... Menu Includes:**

- *Polish Sausage*
- *Hamburgers*
- *Side dishes: Baked Beans, Potato Salad, Chips*
- **WATERMELON!**

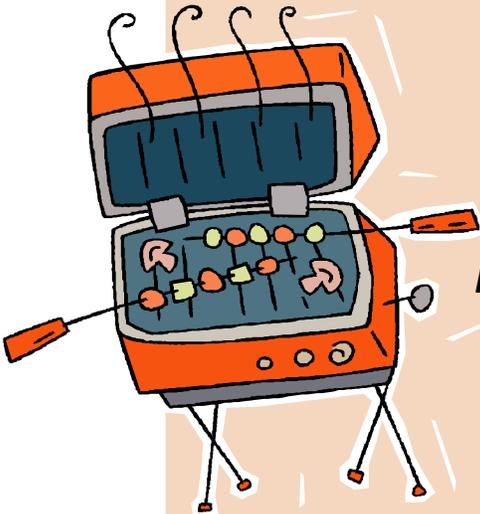
**\$ 10.00 per person to cover food and soft drinks!  
No charge for kids under the age of 12**

**Please RSVP by  
September 18 to:  
Kari Warner at  
(408) 248-5046**

**or**

***karia107@earthlink.net***

**Thank you!**



**Save the Date...**



## **Harvest Lunch and Nordic Boutique**

**Sunday, October 12  
11:30 AM to 1:30 PM at  
Nordahl Hall**

... more details will be published in next month's *Tidende*.

Join the Solveig Club for their annual fundraising luncheon. 100% of proceeds at this event are used for "campership" scholarships to send youngsters to language heritage camp at Camp Trollfjell and to provide college scholarships.

Our Nordic Boutique will be open during the luncheon with Scandinavian gift items and *lefse* (cash and checks only; sorry, we do not accept credit cards). We hope to see you there!

**Reminder...** the Solveig Club is always looking for donations of usable "white elephant" items for sale at our Lutefisk Dinner Bazaar. The Harvest Lunch would be a great time to bring those items that you no longer want or use. We can turn your donation into someone else's treasure and help bolster our scholarship fund! *Mange Tusen Takk.*

## **Planning a Party or Special Event?**

**Welcome to Nordahl Hall  
Banquet & Meeting Center**

**Perfect for weddings, parties,  
meetings & more!**

**Convenient Campbell-Los Gatos  
Location**

**Please contact: Viking Property  
Management (408) 583-3555**



## **Love Your Lodge Donations**

### **Platinum Level**

*In Memory of Karl and Agot Heistein*

**Gunnar and Gloria Heistein** (donation, Mar 2014)

**Kato Andersen** (donation, Oct 2013)

*In Memory of Clarian Pintacura*

**Alan Pintacura** (donation, Apr 2013)

**Liv Braaten** (donation, Mar 2013)

### **Gold Level**

**Donald Slama** (donation, June 2014)

### **Silver Level**

*In Memory of Clarian Pintacura*

**Anne Herbert** (donation, Oct 2013)

### **Bronze Level**

**Shirley J. Hansen** (donation, June 2014)

**Kate Slama** (donation, June 2014)

*In Memory of Hank Graslie*

**Sharon and Daniel Fisher** (donation, March 2014)

**Donald Peterson Family Living Trust**

(donation, Dec 2013)

**Eileen and Richard Grindelund** (donation, Dec 2013)

*In Memory of John A. Hansen*

**Virginia Hansen** (donation, Nov 2013)

*In Memory of Maybelle Jacobsen*

**Virginia Hansen** (donation, Nov 2013)

*In Memory of Clarian Pintacura*

**Alan Pintacura** (donation, Oct 2013)

**Shelley Smith Curtis** (donation, Oct 2013)

**Meg Laycock and John Stubblebine**

(donation, Oct 2013)

*In Memory of Robert Hansen*

**Shirley Hansen** (donation, July 2013)

*In Memory of Esther Tiftt*

**Egil and Gracie Larsen** (donation, May 2013)

**Jerry Pickett** (donation, Mar 2013)

**Kate Slama** (donation, Mar 2013)

**Marvin and Lois Bertelson** (donation, Feb 2013)

### **Tusen Takk for your support!**

Donations made before January 2013 are not listed. Please view past issues of *Tidende* to see the donors and honorees from earlier contributions. *Takk!*

## Viking Longboat Delayed, Not Defeated

The *Draken Harald Hårfagre*—the largest replica Viking longboat ever built—set sail in late June from Haugesund toward Liverpool. Using only human power to row its 50 oars and the wind behind its 3,200 square foot sail of pure silk, the crew intended to make a stopover at the Isle of Man. Unfortunately, three days into the voyage, the ship encountered large waves and high winds, causing the mast to snap and plummet overboard.

Vicki Inglis, a volunteer crew member who blogs at <http://thesevagabondshoes.org/>, was asleep on board at the time and recalls being “woken by a loud crack by my head, like the sound of a locker slamming shut, followed by rumbling, then urgent shouting. Wearing only long underwear and a t-shirt, with bare feet, I climbed out of the tent through a tangle of rope. The thick shrouds snaked across the roof of the tent, and had smashed down on the galley, spilling sugar grains across the deck like ice crystals. Turning to look forward, the huge *rå* (yard) lay across the beam of the ship, the red sail pooling underneath and spilling over the rails into the water. And a space where the mast should be.” Astonishingly, the top 16 feet of the mast fell off to one side of the boat, while the larger part, roughly 55 feet long and 2 feet in diameter, broke off in the other direction. Neither part had damaged the body of the ship, but floated off to the side. Despite the close quarters on board, no crew members were injured during the accident. On July 10, the captain announced that the crew and ship would forge on toward Liverpool, with slight adjustments to their route. They would go through the Caledonian Canal rather than sailing around northern Scotland without a sail. They navigated to Inverness, passing through Loch Ness and on to Fort Augustus, Neptune’s Staircase, the Isle of Mull, and Islay. Despite not having a sail, the ship arrived in Liverpool ahead of schedule.

During the ship’s passage through the Caledonian Canal, two crew members who are boatbuilders traveled around Scotland in search of timber for a new mast that could withstand the voyage back to Norway. They selected a massive Douglas fir from Dumfries, which arrived just after the longship.

Once the boat was docked in Wallasey near Liverpool, the ship was cleaned and re-tarred and the sail stretched, before the boat was opened for public viewing.

## Berry Season in Norway

Sweet, mouthwatering, vibrant colored berries are so cherished in Norway they are included in nearly every Nordic recipe imaginable. Berry season is upon us and in Norway wild berries can be eaten right off the stem. Picking season starts in June and for some varieties it can last until October when the first frost hits. Norwegian law (*Allemannsrett*) says that everyone has access to picking berries on public land; however some places restrict picking unripened berries.

*Blåbær*, *bringebær*, *jordbær*, and *tyttebær*, oh my. These are just a handful of the most popular berries found in Norway and the *multer* or *multebær* (cloudberry) reigns supreme. This orange-colored, bumpy-looking berry is native to alpine and arctic environments. Picked ripe in late August this small fruit can be found close to the ground in the mountains, valleys and near the sea. The valuable cloudberry is treasured in Norway because it is so hard to get and can cost up to NOK350 per kilo in the store (about \$25 per pound), which is why strict rules apply to picking these berries over any other in Norway.

Norway’s cool summer weather allows the delectable fruit to mature slowly producing a rich, sweetness at prime ripeness in early fall. Norwegians hold their berries to a high standard because they are such a versatile food and are used in a variety of recipes including *fruktsuppe* and *bløtkake*. Fresh juices and lingonberry sauces are used to cover *riskrem*, *vafler*, and meatballs.

August, September and October are prime times to pick berries in Norway. When going berry picking (*plukke bær*), it is important to be aware of your natural surroundings. Do not pick on private or fenced off land, look out for moose, and don’t pick until the berries are ripe. And, don’t forget to go with an empty stomach for plenty of taste testing opportunities.

<b>Bærtype sesong i Norge (Berry Season in Norway)</b>	
<b>Type</b>	<b>Season</b>
<i>Bjørnebær</i> (blackberry)	August - September
<i>Blåbær</i> (blueberry)	Mid July - August
<i>Bringebær</i> (raspberry)	Mid July - August
<i>Jordbær</i> (strawberry)	Late May - July
<i>Multebær</i> (cloudberry)	August - September
<i>Solbær</i> (blackcurrent)	July - August
<i>Stikkelsbær</i> (gooseberry)	July - August
<i>Tyttebær</i> (lingonberry)	August - October



# SONS OF NORWAY

## Nordahl's Tidende

Nordahl Grieg Lodge, 6-52

Kari Warner, Financial Secretary • 1000 El Camino Real Apt. 107 • Santa Clara, CA 95050-4284

✂ Save the stamp on your Tidende envelope for Tubfrim!




## SONS OF NORWAY

### Got Kids or Grandkids?

Viking Voyager Children's Life Insurance is a simple, economic way to introduce children to Sons of Norway Benefits.

Let's talk.



**Fred Hymans**  
Financial Benefits Counselor  
**(916) 287-7100**  
fred.hymans@ingfp.com  
CA Ins. Lic. #0D55562

**Deadline to submit articles for the next issue is the 15<sup>th</sup> of the month. Please email information for inclusion to the *Tidende* Co-Editors listed below.**

**NORDAHL'S TIDENDE** IS PUBLISHED ON THE FIRST OF EACH MONTH

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**BUSINESS MEETINGS ARE HELD THE SECOND FRIDAY OF THE MONTH • SOCIALS WILL BE ANNOUNCED IN TIDENDE**

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### Save These Dates...

<b>Sept 10, Wed</b>	Solveig Club Meeting
<b>Sept 12, Fri</b>	Business Meeting
<b>Sept 14, Sun</b>	Barneleikarring
<b>Sept 20, Sat</b>	"Mailing Party" for Lutefisk Dinner Flyers
<b>Sept 26, Fri</b>	End of Summer Barbeque
<b>Oct 12, Sun</b>	Harvest Lunch and Boutique
<b>Oct 15, Wed</b>	First Day to Mail Lutefisk Dinner Reservations!
<b>Nov 1, Sun</b>	Meatball Making
<b>Nov 15-16, Sat-Sun</b>	Lefse Making
<b>Nov 30-Dec 1, Sun-Mon</b>	Cookie Making
<b>Dec 5-6, Fri-Sat</b>	Lutefisk and Meatball Dinner

**Dates will be added as they become available.**